

Peel Here
for more information

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Made in the U.S.A. www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NY 69431

Other ingredients: Gelatin, Glycerin, Carob Extract, Beeswax and Water.

† Lycopene (LYC-O-MATO® Natural Tomato Extract) 3 mg
* Percent Daily Value based on a 2000 calorie diet. † Daily Value not established.

Supplement Facts	
Serving Size 2 Softgels	Servings Per Container 45
Amount	% Daily Value
Per Serving	Value
Calories	9
Calories from Fat	9
Total Fat	1.0 g 2%*
Trans Fat	0 g †
Vitamin B-6 (from Pyridoxine HCl)	10 mg 500%
Zinc (from Zinc Gluconate)	30 mg 200%
Saw Palmetto Berry Extract (Serenoa repens) (85-95% fatty acids and sterols)	160 mg †
Pygeum Africanum Bark Extract (13% Sterols)	10 mg †
Stinging Nettle Root Extract (Urtica dioica) (30 mg scopoletin)	250 mg †
Pumpkin Seed Oil	950 mg †
Lycopene (LYC-O-MATO® Natural Tomato Extract)	3 mg †



PROTOCOL
FOR LIFE BALANCE™

Ortho Prostate™

Standardized Saw Palmetto, Stinging Nettle,
Lycopene & Pygeum

10% of profits donated for health research

90 Softgels

A Dietary Supplement

SUGGESTED USAGE: As a dietary supplement (especially for men), take 2 softgels daily with meals.

Protocol For Life Balance™ Ortho Prostate™ provides a synergistic formulation of standardized extracts of herbs and nutrients proven to promote normal prostate function, urine flow and healthy cell replication. Extracts of Saw Palmetto, Pygeum and Stinging Nettle Root have been shown to regulate dihydrotestosterone (DHT) levels in prostate cells, influence the activity of the androgen receptor (AR) and protect against excess estrogen production (from aromatase enzymes). Lycopene supports gene function and proper prostate cell replication.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

LYC-O-MATO® is a registered trademark of Lycorified Natural Products Ltd.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.



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Protocol For Life Balance™ Ortho Prostate™ provides a synergistic formulation of standardized extracts of herbs and nutrients that have been shown to promote healthy prostate function, normal urine flow and healthy cell replication.* With a staggering percentage of the male population experiencing common age-related effects on the prostate, promoting healthy prostate function is essential for all men, especially those over 35.

Ortho Prostate™ contains Saw Palmetto extract, which has consistently demonstrated its beneficial effects on prostate function in clinical studies.* It also contains Pygeum, which can aid urinary tract health, and Stinging Nettle Root, which has been shown to help support healthy dihydrotestosterone (DHT) levels in prostate cells.* DHT is a metabolite of testosterone that tends to accumulate with age.

In addition, Ortho Prostate™ contains Lycopene, which possesses outstanding antioxidant properties, and may play an important role in maintaining prostate and cardiovascular health.*

Cautions and Interactions
Studies on saw palmetto, pygeum, stinging nettle extract and various combinations of these have reported good tolerance and side effects similar to placebo. The most likely side effects are gastrointestinal.

Many interact with anticoagulants, such as warfarin, to increase bleeding time, but reports are inconsistent on this point. Some internet sites claim an interaction, although a major review found no drug interactions.

Guaranteed Quality
This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Ageless® anti-oxygen packet to enhance protection during storage.