

21ST CENTURY®



DIETARY SUPPLEMENT

**Memory
Support**

D3

One Daily Women's 50+

Compare Active Ingredients To
One-A-Day®
Women's 50+ Advantage†

100 Tablets

DIRECTIONS: As a dietary supplement, adults take one (1) tablet daily with any meal, or as directed by a healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Sugar, Salt, Yeast, Preservatives or Artificial Flavors.

21st Century® One Daily Women's 50+ is memory support formulated for age and gender with key ingredients to support bone strength, breast health, heart health, eye health and healthy blood pressure.*

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

† One-A-Day® Women's 50+ Advantage is a registered trademark of Bayer Corporation, Morrisstown, NJ 07960

21st Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



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21ST Century® ... for a healthier future.

One Daily Women's 50+

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV
Vitamin A (as Acetate & 20% as Beta Carotene)	2,500 I.U. 50%
Vitamin C (as Ascorbic Acid)	60 mg 100%
Vitamin D (as Cholecalciferol)	800 I.U. 200%
Vitamin E (as dl-alpha Tocopheryl Acetate)	33 I.U. 110%
Vitamin K (as Phytonadione)	20 mcg 25%
Thiamin (Thiamin Mononitrate, B1)	4.5 mg 300%
Riboflavin (Vitamin B2)	3.4 mg 200%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B6 (as Pyridoxine HCl)	6 mg 300%
Folic Acid	400 mcg 100%
Vitamin B12 (as Cyanocobalamin)	25 mcg 417%
Biotin	60 mcg 10%
Pantothenic Acid (as d-Calcium Pantothenate)	15 mg 150%
Calcium (as Calcium Carbonate)	405 mg 41%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	22.5 mg 150%
Selenium (as Sodium Selenate)	20 mcg 29%
Copper (as Copper Sulfate)	2 mg 100%
Manganese (as Manganese Sulfate)	4 mg 200%
Chromium (as Chromium Chloride)	180 mcg 150%
Molybdenum (as Sodium Molybdate)	90 mcg 120%
Ginkgo Biloba Extract (leaf)	120 mg **

** Daily Value (DV) not established.

Other Ingredients: Starch, Cellulose, Croscarmellose Sodium, Stearic Acid, Titanium Dioxide, Silicon Dioxide, Magnesium Stearate, Artificial Colors Added (FD&C Yellow #6). 0108