

21ST CENTURY®



DIETARY SUPPLEMENT

**Memory
Support**

One Daily Men's 50+ **D3**

Compare Active Ingredients To
One-A-Day® Men's 50+ Advantage†

100 Tablets

DIRECTIONS: As a dietary supplement, adults take one (1) tablet daily with any meal, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives or Artificial Flavors.

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21st Century's® One Daily Men's 50+ is memory support formulated for age and gender with key ingredients to support prostate health, heart health, eye health and healthy blood pressure.*

†One-A-Day® Men's 50+ Advantage is a registered trademark of Bayer Corporation, Morristown, NJ 07960

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



One Daily Men's 50+

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as Acetate & 20% as Beta Carotene)	1,500 I.U. 50%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin C (as Ascorbic Acid)	120 mg 200%	Magnesium (as Magnesium Oxide)	100 mg 25%
Vitamin D (as Cholecalciferol)	400 I.U. 100%	Zinc (as Zinc Oxide)	22.5 mg 150%
Vitamin E (d-alpha Tocopheryl Acetate)	33 I.U. 110%	Selenium (as Sodium Selenate)	105 mcg 150%
Vitamin K (as Phytanadione)	20 mcg 25%	Copper (as Copper Sulfate)	2 mg 100%
Thiamin (as Thiamin Mononitrate)	4.5 mg 300%	Manganese (as Manganese Sulfate)	4 mg 200%
Riboflavin	3.4 mg 200%	Chromium (as Chromium Chloride)	180 mcg 150%
Niacin (as Niacinamide)	20 mg 100%	Molybdenum (as Sodium Molybdate)	90 mcg 120%
Vitamin B6 (as Pyridoxine HCl)	6 mg 300%	Potassium (as Potassium Chloride)	40 mg 1%
Folic Acid	400 mcg 100%	Ginkgo Biloba Extract (leaf)	120 mg *
Vitamin B12 (as Cyanocobalamin)	25 mcg 417%	Lycopene	600 mcg *
Biotin	30 mcg 10%		
Pantothenic Acid (as d-Calcium Pantothenate)	15 mg 150%		
Calcium (as Calcium Carbonate)	120 mg 12%		

* Percent Daily Value (DV) not established.

Other Ingredients: Cellulose, Starch, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Titanium Dioxide, Artificial Colors (FD&C Blue #1). 0108