

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.



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**21ST
CENTURY®**



DIETARY SUPPLEMENT

PROLONGED RELEASE

Niacinamide

500 mg

**Helps Convert Food Into Energy And Helps
Maintain Skin, Digestive & Nervous Systems***

110 ~~100~~ Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV
Niacinamide	500 mg 2500%
Calcium (as Calcium Carbonate)	160 mg 16%

Percent Daily Value (DV).

Other Ingredients: Cellulose, Hydroxypropyl Methylcellulose, Stearic Acid, Silicon Dioxide, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**21ST
CENTURY®**

21ST Century® ... for a healthier future.

Niacinamide 500 mg

Vitamin B3 plays a key role in converting food into energy and helps maintain the normal function of nerves, skin, and the digestive system.* Niacinamide is a good source of vitamin B3 without the flushing effect associated with niacin.

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