DIRECTIONS: Take Greens Today® Vegan Formula once or twice daily on an empty stomach or with a light meal. Pour 8-12 ounces of water (best choice), juice, soy, rice or almond milk into a blender or shaker with cover. Add in one scoop (adults) or 1/2 scoop (children) of Greens Today® Vegan Powder. Cover, blend or shake well, and enjoy!

> This product is sold by weight, not volume. Settling of contents may occur during shipping and handling.

Greens Today® Vegan Formula is an unsurpassed, advanced phyto-nutrient Super Food which contains 72 uniquely combined Nutraceutical ingredients, including organic spirulina, organic alfalfa, organic barley grass, organic wheat grass, organic spinach, powerful antioxidants, digestive enzymes, plant fibers, probiotics, FOS, standardized herbal extracts, plant sterols, vegetables and naturally occurring whole food source vitamins, macro, and trace minerals that work synergistically to provide optimally balanced nutritional support.

Greens Today® Vegan Formula is specifically designed to provide a health promoting, energizing, cleansing, immune enhancing, alkaline promoting, complete daily nutritional supplement.

REFRIGERATE AFTER OPENING & USE WITHIN 90 DAYS!

PRODUCT OF U.S.A.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated & Distributed By Natures Answer® 85 Commerce Drive, Hauppauge, NY 11788 1-800-439-2324 • FAX 631-273-4394

Since 1972

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www.naturesanswer.com & www.greenstodav.com

27415 Rev. 11/07



A proprietary formula containing in each 17 gram serving, the following:

Amount per serving

Supplement Facts Serving Size: 1 Scoop (17g) • Servings Per Container: 30

Amount per serving	% Daily Value	
Calories	55	
Calories from fat	15	
Total Fat	1 g	<2%*
Saturated Fat	0.5 g	<1%*
Total Carbohydrate	7 g	2%*
Sugars	2.5 g	†
Protein	0.5 g	1%*
Vitamin A (as beta carotene)	5000 IU	100%
Vitamin C (as sodium ascorbate)	250 mg	417%
Calcium (as calcium carbonate, citrate ² , malate ²)	500 mg	50%
Iron (as ferrous bisglycinate, Ferrochel®3)	4.5 mg	25%
Vitamin D (as ergocalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	234 IU	780%
Vitamin K (as phytonadione)	10 mcg	<1%
Vitamin B1 (as thiamine)	3 mg	200%
Vitamin B2 (as riboflavin)	2 mg	118%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Folic Acid	440 mcg	110%
Vitamin B12 (as cyanocobalamin)	30 mcg	500%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Phosphorus (as di potassium phosphate)	60 mg	6%
lodine (from Sea Kelp)	150 mcg	100%
Magnesium (as magnesium citrate)	250 mg	63%
Zinc Chelazome (as zinc glycinate chelate ²)	15 mg	100%
Selenium (as selenium chelate ²)	80 mcg	114%
Copper (as copper gluconate)	2 mg	100%

2 mg	100
250 mcg	208
100 mcg	133
235 mg	7'
4000 mg	
250 mg	
1000 mg	
75 mg	
365 mg harides).	
375 mg	
ct.	
11 mg	
	250 mcg 100 mcg 235 mg 4000 mg 250 mg 1000 mg 75 mg 365 mg harides). 375 mg

Octacosanol (wheat nerm) Reishi Mushroom *Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established.

Maitake Mushroom

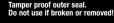
Boron Citrate², Vanadium Chelavite², Co-Enzyme Q10

Other ingredients: Fructose, Phosphatidyl Choline, (Contains Sov), Maltodextrin, Colloid Powder, Carob Powder, Natural Strawberry Flavor,

¹Certified Organic by Quality Assurance International (QAI).

²Albion Chelavites, Albion Advanced Nutrition, Inc. Ferrochel® is a registered trademark of Albion Advanced Nutrition, Inc.

Call 1-800-439-2324 for product information or access our website: www.greenstoday.com







% Daily Value