

PROTOCOL

FOR LIFE BALANCE™

Clinical Strength Ocu Support™

- Supports Macular Health-10 mg Lutein*
- Comprehensive Ocular Nutrient Formula*

10% of profits donated for health research

90 Capsules

A Dietary Supplement



Ocu Support™ has been formulated to provide comprehensive nutritional support for the eyes. It contains the most powerful antioxidants, the most critical nutrient for the macula, lens, and other ocular tissues. Lutein is a powerful antioxidant related to *beta*-Carotene that defends the eye from the harmful effects of sunlight.* Ocu Support™ has also included Green Tea Extract, Alpha-Lipoic Acid, and Grape Seed Extract, all of which have been shown to have antioxidant potential. Other ingredients like *beta*-Carotene, B vitamins, Zinc, and Taurine are known to support overall eye health and function.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.



CODE P3301 [V2]

Supplement Facts

Serving Size 3 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
<i>beta</i>-Carotene (Betalet®)	10,000 IU	200%
(as pro-Vitamin A 6 mg)		
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin E (from d-alpha Tocopheryl Succinate)	100 IU	333%
Riboflavin (Vitamin B ₂)	15 mg	682%
Vitamin B ₆ (from Pyridoxine HCl)	10 mg	500%
Vitamin B ₁₂ (as Methylcobalamin)	100 mcg	1667%
Zinc (from L-OptiZinc® Zinc-L-Methionine)	7.5 mg	50%
Selenium (from SelenoPure™ L-Selenomethionine) (Vegan Free)	50 mcg	71%
Chromium (from ChromoMate® Chromium Polynicotinate)	50 mcg	42%

SUGGESTED USAGE: As a dietary supplement, take 3 capsules daily, preferably with meals.

SelenoPure™ is a trademark of Nutrition 21.
ChromoMate® and L-OptiZinc® are registered trademarks of Inlet Health Nutraceuticals, Inc.
FloraGLO® is a registered trademark of Kemin Foods, U.S.
Betaletene® is a registered trademark of Cognis Nutrition and Health.
† Naturally Occurring Caffeine.

Citrus Bioflavonoids (min. 57% total bioflavonoids as Hesperidin)	100 mg	†
Pullin	100 mg	†
GreenBright® (Euphorbia stricta (Aerials))	100 mg	†
Green Tea (Camellia sinensis) Extract (Leaf) (min. 80% Polyphenols) (Contains 2 mg of Caffeine)	50 mg	†
Taurine	50 mg	†
N-Acetyl Cysteine (NAC)	50 mg	†
Bilberry (Vaccinium myrtillus) Extract (Fruit) (min. 25% Total Anthocyanosides)	40 mg	†
Alpha-Lipoic Acid	25 mg	†
Grape Seed Extract (Vitis vinifera) (min. 80% Total Polyphenols)	25 mg	†
Ginkgo biloba Extract (Leaf) (min. 24% Ginkgolideglycosides & min. 6% Terpene Lactones)	20 mg	†
CoQ10 (as Ubiquinone)	10 mg	†
Lutein (Fruit-Form)	10 mg	†
(from 200 mg FloraGLO® Marigold Flowers Extract)	100 mcg	†
Zeaxanthin (from 200 mg FloraGLO® Marigold Flowers Extract)	100 mcg	†
L-Glutathione (Reduced-Form)	2.5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Magnesium Stearate (vegetable source) and Silica. Contains any derivative. Contains no sugar, salt, starch, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

Manufactured by NHD, P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocolforlife.com

Peel Here
for more information

With eye health becoming a primary concern of aging, a great deal of recent research has focused on maintaining healthy eyes. It is well established that the Vitamin A family of nutrients (retinoids and carotenoids) is critical to ocular nutrition. One specific carotenoid, Lutein (and its precursor, Zeaxanthin), has been identified as playing a central role in ocular health.* Lutein is an antioxidant that appears to quench or reduce harmful free radicals.* Lutein also filters the high-energy, blue wavelengths of light from the visible-light spectrum by as much as 90%. It is important to carefully balance lutein with *Beta*-Carotene in a clinical eye formula, avoiding too much carotene as they compete for absorption.

Ocu Support™ is, nutritionally, balanced, having been formulated to provide comprehensive protection for the eyes. Studies suggest that 6 to 10 mg of lutein per day is necessary to realize health benefits. One serving of Ocu Support™ supplies the full 10 mg of Lutein. Ocu Support™ has also included several antioxidants: the Green Tea Extract, Alpha-Lipoic Acid, Bilberry, and Grape Seed Extract.

Ocu Support™ contains FloraGLO® Lutein and Zeaxanthin from Marigold® Flower Extracts. Numerous peer-reviewed studies link the natural antioxidant lutein with important eye health benefits.* Newer science suggests lutein promotes healthy skin.* FloraGLO® Lutein is the world's leading patented, purified lutein source.*

Cautions and Interactions
The action of oral antioxidant medications may be affected by Vitamin E and excessive bleeding has been associated with this combination and coagulation abnormalities. Antioxidants could reduce zinc excretion from the body, leading to toxic zinc accumulation. Zinc may interfere with the absorption of penicillamine, furosemide, and tetracycline so it may be advisable to take zinc at least 2 hours apart. Seek medical supervision before taking chromium if you are taking oral diabetes medications or insulin.

Guaranteed Quality
This is an FDA-registered dietary supplement that is produced in an FDA- and third-party-inspected facility. We are certified for producing Good Supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality controls to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic requirements.

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This product contains an AlphaGLO® anti-oxygen packet to enhance protection during storage.