

Suggested Use: (Note: This is a two part nutritional supplement.) Take 2 PM tablets every evening daily.

Each **VitaDaily™ PM** tablet has a proprietary blend of 25 whole food concentrates including: Barley grass, wheat grass, *Hydrilla verticulla*, chlorella, alfalfa leaf, artichoke, broccoli, brussels sprout, cabbage, carrot, cauliflower, collard greens, kale, onion, parsley, spinach, apricot, avocado, green bell pepper, grapefruit, kiwi, papaya, prune, strawberry and tomato.



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These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Children, women who are pregnant or nursing, and all individuals allergic to any foods or ingredients should consult their healthcare provider before using this product. You should not stop taking any medication without first consulting with a healthcare provider. To report a serious adverse event or obtain product information, contact 1-800-991-7116.



Store in a cool, dry place. Do not use if seal is broken.

Item 30200

L1005-01

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VitaDaily™ PM Formula

Essential Daily Multi-Vitamin Complex
with Whole Fruit & Vegetable Concentrates



Dietary Supplement
60 Tablets

Supplement Facts

Serving Size 2 tablets
Servings per Container 30

	Amount per Serving	% Daily Value
Vitamin K (as phytonadione)	80 mcg	100%
Vitamin B6 (as pyridoxine HCl)	0.5 mg	25%
Folate (as folic acid)	200 mcg	50%
Calcium (as calcium citrate and phosphate)	200 mg	20%
Phosphorus (as calcium phosphate)	50 mg	5%
Magnesium (as magnesium oxide and glycinate)	100 mg	25%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenomethionine)	100 mcg	143%
Copper (as copper gluconate)	0.75 mg	38%
Chromium (as chromium amino acid chelate)	100 mcg	83%
Amino acid complex (from whey)	450 mg	*
Choline Bitartrate	300 mg	*
Proprietary blend of 25 whole food concentrates	300 mg	*
Inositol	60 mg	*
Alpha-Lipoic acid	50 mg	*
Citrus bioflavonoids complex	50 mg	*
Marine lipid concentrate	33.33 mg	*
Hawthorne berry	17.3 mg	*
Butcher's broom (whole plant)	10.6 mg	*
Trace minerals complex	10 mg	*
*Daily Value not established.		

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and film coating (hypromellose, hydroxypropyl cellulose and spirulina)

Contains milk, wheat, fish (herring, mackerel, sardine, tuna, and cod)

Manufactured for and distributed by TriVita, Inc., Scottsdale, Arizona USA