

A multivitamin and minerals supplement made with an organic vegetable blend containing plant protein, essential amino acids, naturally occurring vitamins and minerals.* 21ST Century® Organics Multivitamin with Minerals is manufactured using:

- Over 70% Organic Ingredients

Suggested use: Take four (4) capsules daily with any meal for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Gluten Free. Unconditionally guaranteed for purity, freshness and label potency. No added sugar, salt, yeast, preservatives, artificial flavors or colors.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century HealthCare, Inc.

2119 S. Wilson Street, Tempe, AZ 85282 USA

www.21stcenturyvitamins.com

Certified Organic By Natural Food Certifiers, Inc.



0708-7



21ST CENTURY®

Organics

100% Vegetarian

Multivitamin With Minerals

Made With Organic Vegetables

120 Vegetarian Capsules

Dietary Supplement



Supplement Facts

Serving Size: 4 Vegetarian Capsules
Servings Per Container: 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as Acetate & 29% as Beta Carotene)	2,333 I.U. 46%	Iodine (as Potassium Iodide)	100 mcg 67%
Vitamin C (as Ascorbic Acid)	60 mg 100%	Magnesium (as Magnesium Oxide)	66 mg 16%
Vitamin D ₃ (as Cholecalciferol)	268 I.U. 67%	Zinc (as Zinc Oxide)	7.4 mg 50%
Vitamin E (as d-alpha Tocopheryl Acetate)	20 I.U. 67%	Copper (as Copper Sulfate)	0.6 mg 30%
Thiamin (Thiamin Mononitrate, B1)	1 mg 67%	Potassium (as Potassium Chloride)	53.4 mg 1.5%
Riboflavin (Vitamin B2)	1.1 mg 67%	Organic Vegetable Blend	2600 mg
Niacin (as Nicotinamide)	13.4 mg 67%	Organic Spinach	**
Vitamin B6 (as Pyridoxine HCl)	1.3 mg 67%	Organic Carrot	**
Folic Acid	334 mcg 84%	Organic Beet	**
Vitamin B12 (as Cyanocobalamin)	4 mcg 67%	Organic Tomato	**
Biotin	20 mcg 6%	Organic Wheat Grass	**
Pantothenic Acid (as d-Calcium Pantothenate)	6.4 mg 64%		

** Daily Value (DV) not established.

Other Ingredients: Vegetarian Cellulose Capsule, Starch, Magnesium Stearate.