

Suggested Use: Adults and children over the age of 12, take 2 tablets with meals twice daily.



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Children, women who are pregnant or nursing, and all individuals allergic to any foods or ingredients should consult their healthcare provider before using this product. You should not stop taking any medication without first consulting with a healthcare provider. To report a serious adverse event or obtain product information, contact 1-800-991-7116.



Store in a cool, dry place. Do not use if seal is broken.

Item 30180

L1005-01

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VitaCal-Mag D™

Calcium Complex for Healthy Bones



Dietary Supplement
120 Tablets

Supplement Facts

Serving Size 2 tablets
Servings per Container 60

Amount per Serving	Per Day (2 Tablets) % Daily Value		Per Day (4 Tablets) % Daily Value	
Vitamin D3 (cholecalciferol from fish liver oil)	200 IU	50%	400 IU	100%
Vitamin K1 (as phytonadione)	40 mcg	50%	80 mcg	100%
Vitamin B6 (as pyridoxine HCl)	750 mcg	37%	1.5 mg	75%
Folate (as folic acid)	50 mcg	12%	100 mcg	25%
Calcium (from carbonate, MCHC, phosphate, citrate, lactate, orotate and D-glucarate)	500 mg	50%	1000 mg	100%
Phosphorous (as calcium phosphate and MCHC)	137.5 mg	13%	275 mg	27%
Magnesium (from aspartate, oxide and amino acid chelate)	200 mg	50%	400 mg	100%
Zinc (from aspartate, oxide and amino acid chelate)	7.5 mg	50%	15 mg	100%
Copper (as amino acid chelate)	250 mcg	12%	500 mcg	25%
Manganese (as gluconate)	1 mg	50%	2 mg	100%
Potassium (from glycerophosphate and chloride)	100 mg	10%	200 mg	20%
Boron	350 mcg	*	700 mcg	*
Silica (as equisetum)	5 mg	*	10 mg	*

*Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, maltodextrin, magnesium stearate, hydroxypropyl methylcellulose, silica, hydroxypropyl cellulose, sodium copper chlorophyllin, dicalcium phosphate, carnuba wax, titanium dioxide, starch, sucrose, sodium ascorbate, triglycerides, and di-alpha-tocopherol.

Manufactured for and distributed by Trivita, Inc., Scottsdale, Arizona USA