

DIRECTIONS: To maintain proper joint function, take one (1) to three (3) tablets daily after any meal, or as directed by a health care provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Salt, Yeast, Preservatives or Artificial Flavors.



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**21ST
CENTURY®**



DIETARY SUPPLEMENT

MAXIMUM STRENGTH

MSM-1000
(Methylsulfonylmethane)

ORGANIC SULFUR

Promotes Joint Elasticity & Flexibility*

90 Tablets

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 90

Amount Per Serving	% DV
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MSM (Methylsulfonylmethane)	1000 mg **
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** Daily Value (DV) not established.

Other Ingredients: Calcium Carbonate, Cellulose, Croscarmellose Sodium, Silicon Dioxide, Stearic Acid, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**21ST
CENTURY®**

21ST Century® ... for a healthier future.

MSM-1000

Methyl-Sulfonyl-Methane (MSM) is an organic sulfur unlike sulfur produced from an inorganic source such as methanol, a petroleum based product. MSM is biologically organic sulfur, a molecule found in food, plants, and every cell of the body. Organic sulfur is critical to the stabilization of the connective tissue matrix of cartilage, bones, tendons, and ligaments. Research has shown MSM is important for the synthesis of glycosaminoglycans and prevents certain enzymes from destroying healthy cartilage tissue.*

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