

DIRECTIONS: Take Greens Today® Vegan Formula once or twice daily on an empty stomach or with a light meal. Pour 8-12 ounces of water (best choice), juice, soy, rice or almond milk into a blender or shaker with cover. Add in one scoop (adults) or 1/2 scoop (children) of Greens Today® Vegan Powder. Cover, blend or shake well, and enjoy!

This product is sold by weight, not volume. Settling of contents may occur during shipping and handling.

Greens Today® Vegan Formula is an unsurpassed, advanced phyto-nutrient Super Food which contains 72 uniquely combined Nutraceutical ingredients, including organic spirulina, organic alfalfa, organic barley grass, organic wheat grass, organic spinach, powerful antioxidants, digestive enzymes, plant fibers, probiotics, FOS, standardized herbal extracts, plant sterols, vegetables and naturally occurring whole food source vitamins, macro, and trace minerals that work synergistically to provide optimally balanced nutritional support.

Greens Today® Vegan Formula is specifically designed to provide a health promoting, energizing, cleansing, immune enhancing, alkaline promoting, complete daily nutritional supplement.



Since 1972

REFRIGERATE AFTER OPENING & USE WITHIN 90 DAYS!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated & Distributed By Natures Answer®

85 Commerce Drive, Hauppauge, NY 11788

1-800-439-2324 • FAX 631-273-4394

PRODUCT OF U.S.A.

VISIT OUR WEBSITES

www.naturesanswer.com

& www.greentoday.com



27415 Rev. 11/07

Superfood For Everyday Health

1500 mg Organic Spirulina per serving

1000 mg Broccoli Powder per serving

NO BEE PRODUCTS

VEGAN

Contains Vitamin D2

72 POWERFUL NUTRIENTS

Dietary Supplement • Net Wt. 4.2 OZ (119 G)

A proprietary formula containing in each 17 gram serving, the following:

Supplement Facts

Serving Size: 1 Scoop (17g) • Servings Per Container: 7

Amount per serving	% Daily Value
Calories	55
Calories from fat	15
Total Fat	1 g <2%*
Saturated Fat	0.5 g <1%*
Total Carbohydrate	7 g 2%*
Sugars	2.5 g †
Protein	0.5 g 1%*
Vitamin A (as beta carotene)	5000 IU 100%
Vitamin C (as sodium ascorbate)	250 mg 417%
Calcium (as calcium carbonate, citrate ² , malate ²)	500 mg 50%
Iron (as ferrous bisglycinate, Ferrochel ^{®3})	4.5 mg 25%
Vitamin D2 (as ergocalciferol)	1000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	234 IU 780%
Vitamin K (as phytonadione)	10 mcg <1%
Vitamin B1 (as thiamine)	3 mg 200%
Vitamin B2 (as riboflavin)	2 mg 118%
Niacin (as niacinamide)	20 mg 100%
Vitamin B6 (as pyridoxine HCl)	5 mg 250%
Folic Acid	440 mcg 110%

Amount per serving	% Daily Value
Vitamin B12 (as cyanocobalamin)	30 mcg 500%
Biotin	300 mcg 100%
Pantothenic Acid (as d-calcium pantothenate)	10 mg 100%
Phosphorus (as di potassium phosphate)	60 mg 6%
Iodine (from Sea Kelp)	150 mcg 100%
Magnesium (as magnesium citrate)	250 mg 63%
Zinc Chelazome (as zinc glycinate chelate ²)	15 mg 100%
Selenium (as selenium chelate ²)	80 mcg 114%
Copper (as copper gluconate)	2 mg 100%
Manganese (as manganese chelazome ²)	2 mg 100%
Chromium (as chromium picolinate)	250 mcg 208%
Molybdenum (as molybdate chelate ²)	100 mcg 133%
Potassium (as potassium citrate)	235 mg 7%
Superfood Blend:	4000 mg †
Organic Spirulina ¹ , Broccoli, Organic Alfalfa ¹ , Organic Barley Grass ¹ , Organic Wheat Grass ¹ , Chlorella, Organic Spinach ¹ , Kelp.	
Antioxidant Blend:	250 mg †
Beetroot Powder, Acerola Berry, Rose Hips, Bilberry Extract, Grapeseed Extract, Green Tea Leaf Extract, Pine Bark Extract.	

Amount per serving	% Daily Value
Fiber Blend:	1000 mg †
Flaxseed, Rice Bran, Apple Fiber.	
Plant-Based Digestive Enzymes	75 mg †
Protease, Amylase, Lactase.	
Probiotic Blend	365 mg †
Lactobacillus Acidophilus, FOS (fructo-oligosaccharides).	
Herbal Blend:	375 mg †
Artichoke, Licorice Root (DGL), Eleuthero Root, Echinacea Extract, Horsetail Grass, Astragalus, Maca Root, Ginkgo Biloba, Dandelion Root, FoTi, Hawthorne Berries, Pau d'Arco, Burdock Root, Ginger Extract, Slippery Elm Bark.	
Immune Enhancing Blend	11 mg †
Boron Citrate ² , Vanadium Chelavite ² , Co-Enzyme Q10, Octacosanol (wheat germ), Reishi Mushroom, Maitake Mushroom.	
Other ingredients: Fructose, Phosphatidyl Choline, (Contains Soy), Maltodextrin, Colloid Powder, Carob Powder, Natural Strawberry Flavor.	

†Daily Value not established.

*Percent Daily Values are based on a 2,000 calorie diet.

¹Certified Organic by Quality Assurance International (QAI).

²Albion Chelavites, Albion Advanced Nutrition, Inc.

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Call 1-800-439-2324 for product information, or access our website:

www.greentoday.com



Tamper proof outer seal.
Do not use if broken or removed!

