

Directions: Take up to two (2) vegetarian capsules daily with meals for maximum daily results, or as directed by a medical practitioner. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency.
No Added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.
100% Vegetarian Formula



21ST
CENTURY®



HERBAL EXTRACT

STANDARDIZED

Milk Thistle Extract

Maximum Strength Formula for Proper Support & Maintenance of Normal Liver Function *

Dietary Supplement — 60 Vegetarian Capsules

Supplement Facts

Serving Size: 2 Vegetarian Capsules
Servings Per Container: 30

Amount Per Serving	% DV
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Milk Thistle Extract (seed) 175 mg	**
standardized concentrate of <i>Silybum marianum</i> (seed) containing 80% silymarin — 140 mg	

** Daily Value (DV) not established.

Other Ingredients: Rice Bran, Oat Fiber, Vegetable Cellulose, Silicon Dioxide, Magnesium Stearate, Magnesium Silicate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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21ST Century® ... for a healthier future.

Milk Thistle Extract

21st Century's Milk Thistle Extract (*Silybum marianum*) is grown wild in Europe and America and has been used as a powerful health tonic for over 2000 years. Silymarin, the active complex found in Milk Thistle Extract, is standardized to 80% and is a powerful antioxidant.* 21st Century's standardized herbal extracts are thoroughly tested to assure specific levels of the important active ingredients are present for maximum benefit

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