From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. We quarantee it!

Artificial Color, Flavor or Sweetener. No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free,

> WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

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Carefully Manufactured by Vitamin World, Inc.

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naturally inspired[®]

chaste tree 400 mg

Supports Menstrual & Menopausal Health*

VITAMIN WORLD

DIRECTIONS: For adults, take two (2) capsules two times daily, preferably with meals. Capsules may be opened and prepared as a tea.

Supplement Facts Serving Size 2 Capsules

Servings Per Container 50 Amount Per Serving %Daily Value

Vitex 800 ma

(Vitex agnus castus) (Chaste tree fruit powder)

**Daily Value not established.

Silica, Other Ingredients: Gelatin. Vegetable Magnesium Stearate.

As an herb for women, Vitex gives you the holistic support you need to help with the periodic discomfort, mild mood changes, cramping and breast tenderness associated with menstrual and menopause changes.*