DIRECTIONS: Take Greens Today® Original Formula once or twice daily on an empty stomach or with a light meal. Pour 8-12 oz. of water (best choice), juice, soy, rice or almond milk into a blender shaker with cover. Add in one scoop (adults) or half-scoop (children) of Greens Today® Powder. Cover, blend or shake well, and enjoy!

This product is sold by weight, not volume.

Settling of contents may occur during shipping and handling.

Greens Today® Original Formula is an unsurpassed, advanced phytonutrient Superfood which contains 72 uniquely combined nutraceutical ingredients, including organic spirulina, powerful antioxidants, digestive enzymes, plant fibers, probiotics, FOS, standardized herbal extracts, plant sterols, vegetables and naturally occurring whole food source vitamins and macro and trace minerals, that work synergistically to provide optimally balanced nutritional support.

Greens Today® Original Formula is specifically designed to provide a Health Promoting, Energizing, Cleansing, Immune Enhancing, Alkaline Promoting, Complete Daily Nutritional Supplement.

REFRIGERATE AFTER OPENING & USE WITHIN 90 DAYS!



DISCLAIMER: These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

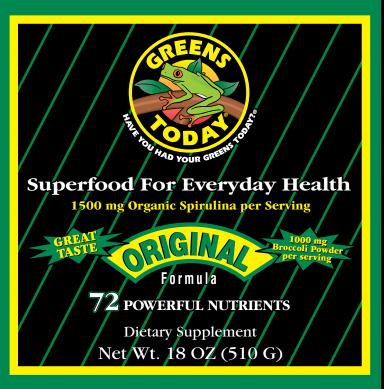
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Since 1972



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27400 Rev. 12/07



A proprietary formula containing in each 17 gram serving, the following:

Supplement Facts Serving Size: 1 scoop (17g/.60 oz) Servings Per Container: 30

Amount per serving	% Daily Value	
Calories	45	
Calories from fat	5	
Total Fat	0.5 g	<1%*
Total Carbohydrates	9 g	3%*
Dietary Fiber	1 g	2%*
Sugars	1 g	†
Protein	<2 g	2%*
Vitamin A (as beta carotene)	5000 IU	100%
Vitamin C (as sodium ascorbate)	250 mg	417%
Calcium (as carbonate, citrate & malate)	500 mg	50%
Iron4 (as Ferrochel®2)	7 mg	39%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K (phytonadione)	10 mcg	13%
Vitamin B1 (as thiamine)	3 mg	200%
Vitamin B2 (as riboflavin)	2 mg	118%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCI)	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B12 (cyanocobalamin)	30 mcg	500%
Biotin	300 mcg	100%
Pantothenic Acid	10 mg	100%
Phosphorus (as di-potassium phosphate)	60 mg	6%
lodine (from kelp) (Fucoidan)	150 mcg	100%
Magnesium (as magnesium citrate)	270 mg	68%
Zinc4 (as zinc glycinate chelate)	15 mg	100%
Selenium4 (as selenium chelate)	80 mcg	114%

Amount per serving	% Dail	y Value
Copper (as copper gluconate)	2 mg	100%
Manganese ⁴ (as manganese chelazome)	2 mg	100%
Chromium (as chromium picolinate)	250 mcg	208%
Molybdenum4 (as molybdate chelate)	100 mcg	133%
Sodium (as sodium ascorbate)	25 mg	1%
Potassium (as potassium citrate)	235 mg	7%
Superfood Blend: Organic Spirulina³, Broccoli, Organic Alfalfa Leaf³, Organic Barley Grass³, Organic Wheat Grass³, Organic Spinach Powder³, Chlorella, Sea Kelp.	4000 mg	t
Antioxidant Blend: Beetroot Powder, Rose Hips, Acerola Fruit, Bilberry Edrapeseed Extract, Green Tea Leaf Extract, Pine Bark		t
Fiber Blend: Flaxseed, Rice Bran, Apple Fiber.	1000 mg	Ť
Plant-Based Digestive Enzymes Protease, Amylase, Lipase, Cellulase, Lactase, Brome	75 mg elain, Papain.	Ť

Mushroom, CoQ10, Octacosanol (wheat germ), Vanadium⁴
*Percent Daily Values are based on a 2,000 calorie diet.
*Thaily Value not established

mmune Enhancing Blend

Lactobacillus Acidophilus, FOS (Fructoligosaccharides).

Artichoke, Licorice Root DGL, Echinacea A Root, Eleuthero Rhizome, Horsetail Grass, Astragalus Root, Dandelion Root, Fo-Ti Root, Ginkgo Biloba, Hawthorne Berry, Pau d'Arco.

Rose Hips, Ginger Root, Slippery Elm Bark, Burdock Root.

Roval Jelly. Bee Pollen, Boron, Maitake Mushroom, Reishi

Probiotic Blend 1

Other ingredients: Fructose, Phosphatidyl Choline (Contains Soy), Maltodextrin, Strawberry Flavor. Colloid Powder, Carob, Silica.

1 Probiotic Blend provides a total of 400 million organisms.

Tamper proof outer seal. Do not use if d Nutrition Inc. broken or removed!

²Ferrochel[®] (ferrous bisglycinate) is a registered trademark of Albion Advanced Nutrition Inc.

³Certified Organic by Quality Assurance International.

Call 1-800-439-2324 for product information, or access our website: www.greenstoday.com





⁴Albion Chelavites, Albion Advanced Nutrition Inc.