

DIRECTIONS: Take Greens Today® Original Formula once or twice daily on an empty stomach or with a light meal. Pour 8-12 oz. of water (best choice), juice, soy, rice or almond milk into a blender or shaker with cover. Add in one scoop (adults) or half-scoop (children) of Greens Today® Powder. Cover, blend or shake well, and enjoy!

This product is sold by weight, not volume.
Settling of contents may occur during shipping and handling.

Greens Today® Original Formula is an unsurpassed, advanced phyto-nutrient Superfood which contains 72 uniquely combined nutraceutical ingredients, including organic spirulina, powerful antioxidants, digestive enzymes, plant fibers, probiotics, FOS, standardized herbal extracts, plant sterols, vegetables and naturally occurring whole food source vitamins and macro and trace minerals, that work synergistically to provide optimally balanced nutritional support.

Greens Today® Original Formula is specifically designed to provide a Health Promoting, Energizing, Cleansing, Immune Enhancing, Alkaline Promoting, Complete Daily Nutritional Supplement.

REFRIGERATE AFTER OPENING & USE WITHIN 90 DAYS!



DISCLAIMER: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FORMULATED & DISTRIBUTED BY NATURES ANSWER®
85 COMMERCE DRIVE, HAUPPAUGE, NY 11788
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VISIT OUR WEB SITES
www.naturesanswer.com
& www.greentoday.com



Superfood For Everyday Health

1500 mg Organic Spirulina per Serving

GREAT TASTE

ORIGINAL

1000 mg Broccoli Powder per serving

Formula

72 POWERFUL NUTRIENTS

Dietary Supplement

Net Wt. 18 OZ (510 G)

A proprietary formula containing in each 17 gram serving, the following:

Supplement Facts		Serving Size: 1 scoop (17g/60 oz) Servings Per Container: 30	
Amount per serving	% Daily Value	Amount per serving	% Daily Value
Calories	45	Copper (as copper gluconate)	2 mg 100%
Calories from fat	5	Manganese ⁴ (as manganese chelazome)	2 mg 100%
Total Fat	0.5 g <1%*	Chromium (as chromium picolinate)	250 mcg 208%
Total Carbohydrates	9 g 3%*	Molybdenum ⁴ (as molybdate chelate)	100 mcg 133%
Dietary Fiber	1 g 2%*	Sodium (as sodium ascorbate)	25 mg 1%
Sugars	1 g †	Potassium (as potassium citrate)	235 mg 7%
Protein	<2 g 2%*	Superfood Blend:	4000 mg †
Vitamin A (as beta carotene)	5000 IU 100%	Organic Spirulina ³ , Broccoli, Organic Alfalfa Leaf ³ , Organic Barley Grass ³ , Organic Wheat Grass ³ , Organic Spinach Powder ³ , Chlorella, Sea Kelp.	
Vitamin C (as sodium ascorbate)	250 mg 417%	Antioxidant Blend:	250 mg †
Calcium (as carbonate, citrate & malate)	500 mg 50%	Beetroot Powder, Rose Hips, Acerola Fruit, Bilberry Extract, Grape Seed Extract, Green Tea Leaf Extract, Pine Bark Extract.	
Iron ⁴ (as Ferrochel® ²)	7 mg 39%	Fiber Blend:	1000 mg †
Vitamin D3 (as cholecalciferol)	1000 IU 250%	Flaxseed, Rice Bran, Apple Fiber.	
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%	Plant-Based Digestive Enzymes	75 mg †
Vitamin K (phytonadione)	10 mcg 13%	Protease, Amylase, Lipase, Cellulase, Lactase, Bromelain, Papain.	
Vitamin B1 (as thiamine)	3 mg 200%	Probiotic Blend ¹	500 mg †
Vitamin B2 (as riboflavin)	2 mg 118%	Lactobacillus Acidophilus, FOS (Fructooligosaccharides).	
Niacin (as niacinamide)	20 mg 100%	Herbal Blend:	400 mg †
Vitamin B6 (as pyridoxine HCl)	5 mg 250%	Artichoke, Licorice Root DGL, Echinacea A Root, Eleuthero Rhizome, Horsetail Grass, Astragalus Root, Dandelion Root, Fo-Ti Root, Ginkgo Biloba, Hawthorne Berry, Pau d'Arco, Rose Hips, Ginger Root, Slippery Elm Bark, Burdock Root.	
Folic Acid	400 mcg 100%	Immune Enhancing Blend	85 mg †
Vitamin B12 (cyanocobalamin)	30 mcg 500%	Royal Jelly, Bee Pollen, Boron, Maitake Mushroom, Reishi Mushroom, CoQ10, Octacosanol (wheat germ), Vanadium ⁴ .	
Biotin	300 mcg 100%	*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.	
Pantothenic Acid	10 mg 100%	Other ingredients: Fructose, Phosphatidyl Choline (Contains Soy), Maltodextrin, Strawberry Flavor, Colloid Powder, Carob, Silica.	
Phosphorus (as di-potassium phosphate)	60 mg 6%		
Iodine (from kelp) (Fucoidan)	150 mcg 100%		
Magnesium (as magnesium citrate)	270 mg 68%		
Zinc ⁴ (as zinc glycinate chelate)	15 mg 100%		
Selenium ⁴ (as selenium chelate)	80 mcg 114%		

¹Probiotic Blend provides a total of 400 million organisms.
²Ferrochel® (ferrous bisglycinate) is a registered trademark of Albion Advanced Nutrition Inc.
³Certified Organic by Quality Assurance International.
⁴Albion Chelavites, Albion Advanced Nutrition Inc.

Call 1-800-439-2324 for product information,
or access our website: www.greentoday.com



Tamper proof outer seal.
Do not use if
broken or removed!