

DIRECTIONS: Take Greens Today® Men's Formula once daily on an empty stomach or with a light meal. Pour 8-12 oz. of water (best choice), juice, soy, rice or almond milk into a blender or shaker with cover. Add in three (3) scoops (50 g) of Greens Today® Men's Formula. [Many men choose to use one (1) scoop, and find that to be enough to reap the product's benefits.] Cover, blend or shake well, and enjoy!

Greens Today® Men's Formula is an Unsurpassed, Advanced Phyto-Nutrient Rich Superfood which contains 72 uniquely combined nutraceutical ingredients **plus** Whey Protein Isolate, Wild Yam, Horny Goat Weed, Sarsaparilla, Muira Puama, Saw Palmetto, Maca, Tribulus Terrestris, L-Arginine, Pygeum Africanum, Stinging Nettles Extract, Lycopene, Zinc & so much more.

Greens Today® Men's Formula includes: Powerful Antioxidants, Digestive Enzymes, Plant Fibers, Probiotics, FOS, Essential Amino Acids, Standardized Herbal Extracts, Plant Sterols, Nucleic Acids, Nutrient Co-Factors, Cell Pigments, Essential Fatty Acids (Omega 3 & 6), naturally occurring Whole Food Source Vitamins & Macro and Trace Minerals that work synergistically to provide optimally balanced nutritional support for men.

Greens Today® Men's Formula is designed specifically to help increase the libido, promote sexual vigor and performance, and protect the prostate while providing a Health Promoting, Energizing, Cleansing, Immune Enhancing, Alkaline Promoting, Complete Nutritional Supplement and/or High Protein nutritional drink*.

REFRIGERATE AFTER OPENING & USE WITHIN 90 DAYS!

*This product is sold by weight, not volume.
Settling of contents may occur during shipping and handling.*

*DISCLAIMER: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

"Soluble Fiber daily, in a diet low in saturated fat and cholesterol, may reduce the risk of heart disease, a disease associated with many factors. Greens Today® Men's Formula contains 6 g of Soluble Fiber per serving."

**May Reduce
the Risk of
Heart
Disease**



Since 1972

THE WORLD'S MOST POWERFUL SUPERFOOD™
FORMULATED & DISTRIBUTED BY
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www.greentoday.com



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**Superfood For The Libido
With Prostate Protective Factors***

**With Organic Alfalfa, Organic Barley Grass,
Organic Wheat Grass, Organic Spinach**

**♂ MEN'S ♂
Formula
72 POWERFUL NUTRIENTS**

PLUS Whey Protein, Wild Yam, Sarsaparilla, Maca,
Horny Goat Weed, Muira Puama, Saw Palmetto, Tribulus Terrestris,
L-Arginine, Pygeum Africanum, L-Carnitine, Pumpkin Seed & So Much More!

Dietary Supplement • Net Wt. 8.8 OZ (250 G)

**May Reduce
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Disease**

A proprietary formula containing in each 50 gram serving, the following:

Supplement Facts

Serving Size: 3 scoops (50g/1.8 oz) Servings Per Container: 5

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories	135	Oat Bran	3000 mg †	Licorice Root	38 mg †
Calories from Fat	15	Spirulina	1350 mg †	Pygeum	38 mg †
Total Fat	0.5 g <1%	L-Arginine	950 mg †	Plant Based Enzymes: Protease, Amylase and Lactase	29 mg †
Saturated Fat	0.5 g †	L-Carnitine	750 mg †	Astragalus Root	19 mg †
Total Carbohydrate	10 g 3%	Organic Blend²	700 mg †	Corowise™	19 mg †
Soluble Fiber	6 g 24%	Organic Extracts of: Pomegranate, Raspberry, Blackberry, Acai, Cranberry, Blueberry; Organic Alfalfa Leaves ³ , Organic Barley Grass ³ , Organic Organic Wheat Grass ³ , Organic Spinach Leaves ³		Royal Jelly	19 mg †
Sugars	4 g †	Soy Lecithin	525 mg †	Dandelion Root	14 mg †
Protein	20 g 40%	Bee Pollen	395 mg †	Red Dulse	14 mg †
Vitamin A (as beta carotene)	1875 IU 38%	Apple Fiber	375 mg †	FoTi	14 mg †
Vitamin C (as sodium ascorbate)	750 mg 1250%	Horny Goat Weed (std. for 10% Icaritin)	375 mg †	Hawthorn Berries	14 mg †
Calcium (as citrate and malate)	420 mg 42%	Artichoke	282 mg †	Milk Thistle	14 mg †
Vitamin D3 (as cholecalciferol)	1000 IU 250%	Muira Puama (std. for 3.5% Tannins)	188 mg †	Pau d'Arco	14 mg †
Vitamin E (as mixed tocopherols, succinate)	225 IU 750%	Saw Palmetto	188 mg †	Burdock Root	10 mg †
Vitamin B1 (as thiamine)	1.5 mg 100%	Wild Yam	188 mg †	Ginger Root	10 mg †
Vitamin B2 (as riboflavin)	0.75 mg 44%	Damiana Leaf	170 mg †	Reishi Mushroom	10 mg †
Niacin** (as nicotinic acid)	7.5 mg 38%	Pumpkin Seed	150 mg †	Lycopene	8 mg †
Vitamin B6 (as pyridoxine hydrochloride)	2 mg 100%	Sarsaparilla	150 mg †	Alpha Lipoic Acid	5 mg †
Folate (as folic acid)	150 mcg 38%	Chlorella	113 mg †	Bilberry Extract	5 mg †
Vitamin B12 (as cyanocobalamin)	10 mcg 167%	Flax Seed	95 mg †	Ginkgo Biloba	5 mg †
Biotin	130 mcg 43%	FOS (Fructo-oligosaccharides)	95 mg †	Grapeseed Extract	5 mg †
Pantothenic Acid	4 mg 40%	Rice Bran	95 mg †	Green Tea	5 mg †
Iodine (from kelp)	75 mcg 50%	L. Acidophilus ¹	75 mg †	Norwegian Sea Kelp	5 mg †
Magnesium (as citrate)	175 mg 44%	Couch Grass	75 mg †	Pine Bark Extract	5 mg †
Zinc ⁴ (as chelate)	39 mg 260%	Eleuthero Root	75 mg †	Shitake Mushroom	5 mg †
Copper (as gluconate)	0.75 mg 38%	Nettle Root	75 mg †	CoQ10	400 mcg †
Manganese ⁴ (chelated)	0.75 mg 38%	Tribulus Terrestris (40% Saponins)	75 mg †	Octacosanol (wheat germ)	400 mcg †
Chromium (as picolinate)	100 mcg 83%	Acerola Berries	55 mg †	Boron ⁴ (as chelate)	40 mcg †
Sodium	100 mg 4%	Red Beet Juice	50 mg †	Vanadium ⁴ (as chelate)	20 mcg †
Potassium (as citrate)	588 mg 17%	Rose Hips	50 mg †		
Whey Protein Concentrate	25 g †				
Maca [PE (4:1)]	3750 mg †				

† Daily Value not established. *Percent Daily Values are based on a 2,000 calorie per day diet.

¹Provides a total of 4 billion organisms. ³Certified Organic by Quality Assurance International.

²Certified Organic by OTCO. ⁴Albion Chelavites, Albion Advanced Nutrition Inc.

Corowise™ plant sterols is a trademark of Cargill Inc.

**This product contains Niacin, which may cause flushing, tingling and skin reddening, particularly on an empty stomach.

**Call 1-800-439-2324 for product information,
or access our website: www.greentoday.com**



Tamper proof outer seal.
Do not use if broken or removed!

