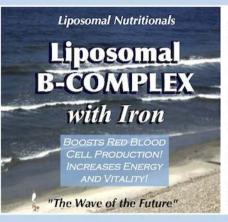
Serving Size: 1 Tablespoon Servings per bottle: 32

Amount per Tablespoon:

Calories 27
Fat
Vitamin B! (Thiamine HCL) 50 mg
Vitamin B3 (Niacin)10 mg
Vitamin B5 (Pantothenic Acid) 60 mg
Vitamin B6 (Piridoxin HCL) 50 mg
Vitamin B12 (Cyandcobalamin) 50 m
Folic Acid 5 mg
Absorbable Iron5 m
Trans Fats 0
Saturated Fats 0

Other Ingredients: Purified water, Phospholipids (Liposomes of phosphatidylcholine), Stevia, Natural flavors, Potassium sorbate

Made in USA / Distributed by Healthy Items, San Diego, CA Toll-free: 877-499-5881 San Diego: 619-819-8485



1 tablespoon to 1 oz (2T) daily, at least 10 mins. before or 30 mins. after a meal or as directed by your healthcare provider.

Drink straight or mix with cold water, juice or yogurt. Store in a cool, dark place

away from sunlight and refrigerate after opening.

Best if consumed within 30 days of opening.

Consult your healthcare provider if you are pregnant or breastfeeding before consuming this product.

These statements have not been evaluated by the FDA. This product is not intended to dianose, treat, cure or prevent any disease.

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16 fluid ounces

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