

SUPPLEMENT FACTS

Serving Size: 1 Tablespoon

Servings per bottle: 32

Amount per Tablespoon:

Calories	27
Fat	4.5 g
Vitamin B1 (Thiamine HCL)	50 mg
Vitamin B3 (Niacin)	10 mg
Vitamin B5 (Pantothenic Acid)	60 mg
Vitamin B6 (Pyridoxin HCL)	50 mg
Vitamin B12 (Cyanocobalamin)	50 mcg
Folic Acid	5 mg
Absorbable Iron	5 mg
Trans Fats	0
Saturated Fats	0

Other Ingredients: Purified water,
Phospholipids (Liposomes of
phosphatidylcholine), Stevia,
Natural flavors, Potassium sorbate

Made in USA / Distributed by
Healthy Items, San Diego, CA
Toll-free: 877-499-5881
San Diego: 619-819-8485

Healthy Items

SUGGESTED USE

Liposomal Nutritionals

Liposomal B-COMPLEX *with Iron*

BOOSTS RED BLOOD
CELL PRODUCTION!
INCREASES ENERGY
AND VITALITY!

"The Wave of the Future"

1 tablespoon to 1 oz (2T)
daily, at least 10 mins. before
or 30 mins. after a meal or as
directed by your healthcare
provider.

Drink straight or mix with
cold water, juice or yogurt.

Store in a cool, dark place
away from sunlight and
refrigerate after opening.

Best if consumed within 30
days of opening.

Consult your healthcare
provider if you are pregnant
or breastfeeding before
consuming this product.

These statements have not been
evaluated by the FDA. This product
is not intended to diagnose, treat, cure
or prevent any disease.

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16 fluid ounces

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