

**SUGGESTED USE:** As a dietary supplement, take two (2) tablets daily with meals. Do not exceed two tablets daily. This product is formulated to provide a gradual release of vitamin C, and B-complex over a prolonged period of time.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of the reach of children. Do not use if outer seal is broken or damaged.

Formulated for:  
SaveWorldHealth.com  
Hanoverton, Ohio 44423.



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# Hair, Skin & Nail Support

Dietary Supplement

30 Tablets

MADE IN USA

## Supplement Facts

Serving Size: 2 Tablets

Amount Per: 2 Tablets	% Daily Value	
Vitamin A (as beta carotene)	10000 IU	200%
Vitamin C (ascorbic acid)	250 mg	416%
Vitamin E (d-alpha toco. acetate)	12 IU	40%
Vitamin B-1 (as thiamine mononitrate)	30 mg	2000%
Vitamin B-2 (as riboflavin)	100 mg	5882%
Niacinamide	30 mg	150%
Vitamin B-6 (as pyridoxine hydrochloride)	100 mg	5000%
Folic Acid	400 mcg	100%
Biotin	2000 mcg	667%
Pantothenic Acid (as calcium pantothenate)	250 mg	2500%
Zinc (amino acid chelate)	5 mg	33%
Copper (as amino acid chelate)	1 mg	50%
Choline (bitartrate)	250 mg	*
Inositol (monophosphate)	250 mg	*
para-Aminobenzoic acid	100 mg	*
L-Cysteine	100 mg	*
Silica	60 mg	*
MSM (Methylsulfonoylmethane)	50 mg	*
Ginkgo Biloba (24% extract)	30 mg	*
Saw Palmetto (25-30% extract)	250 mg	*
Pygeum Africanum (5:1 extract)	100 mg	*
Green Tea (40% extract)	50 mg	*
Grape Seed (5:1 extract)	50 mg	*

\*Daily Value Not Established

Other Ingredients: Di-Calcium Phosphate, Magnesium Stearate, croscarmellose sodium, Stearic Acid, and Microcrystalline Cellulose  
Contains No Yeast, No Sugar, No Starch, No Artificial Colors, Flavors or Preservatives.