Peel Here
for more information

PROTOCOL
FOR LIFE BALANCE™

CoQ10
100 mg

- Supports Healthy Heart Muscle*
- Promotes Cellular Energy*

10% of profits donated for health research

GMP

90 Softgels
A Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (from Mixed Tocopherols)	30 IU	100%
Coenzyme Q_{10}	100 mg	†

† Daily Value not established.

Other Ingredients: Softgel Capsule (gelatin, glycerin, water, carob), Rice Bran Oil, Beeswax and Beta-Carotene (*D. salina*).
Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocollife.com

Contains soy derivative. Contains no sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg, shellfish or preservatives. Does not contain PEG.

Protocol For Life Balance™ CoQ_{10} is a Pharmaceutical Grade 100% natural, all-trans form produced by fermentation.

SUGGESTED USAGE: As a dietary supplement, take 1-2 softgels daily with food. For intensive use, take 4-6 softgels daily under the supervision of a health care practitioner.

Coenzyme Q_{10}, also called ubiquinone, is preset in almost all cells, where it is necessary for mitochondrial energy production.* The body's highest concentrations of Coenzyme Q_{10} (CoQ_{10}) are found in the heart, where constant chemical energy availability is imperative. In addition to its benefits for cardiac function through energy production, CoQ_{10} also functions as a powerful fat soluble antioxidant, providing protection against free radical attack for vascular structures, as well as for other tissues.*

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Do Not Eat Freshness Packet. Keep in Bottle.
Store in a cool, dry place. Please Recycle.

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CoEnzyme Q_{10} (CoQ_{10}) is a fat-soluble vitamin-like substance found in all cell membranes of the body. It is vital to assist the production of energy by allowing the mitochondria to convert digested food within the cell.*

Although CoQ_{10} is found naturally in the human body, especially in heart and liver cells, low levels of CoQ10 have been found in a wide variety of animal and human subjects during clinical studies. It is believed that as we get older our ability to produce CoQ_{10} decreases.

CoQ_{10} works as an antioxidant.* An antioxidant protects cells from chemicals known as free radicals (which can damage important parts of cells). Because of its antioxidant properties, CoQ_{10} is widely recognized for its potential impact on heart health.*

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Cautions and Interactions
CoQ_{10} may reduce the anticoagulant effect of warfarin. In addition, CoQ_{10} may interact with certain blood pressure medication, including diltiazem, metoprolol, enalapril, and nitrate. Statin medications have been shown to decrease CoQ_{10} levels in the body and CoQ_{10} supplementation may be beneficial when taking these drugs.*

Guaranteed Quality
This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Ageless® anti-oxygen packet to enhance protection during storage.