



Contains no salt, yeast, wheat, gluten, milk, egg or shellfish.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: Shake well. As a dietary supplement, take 1-2 teaspoons daily with food. For intensive use, take 2-6 teaspoons daily under the supervision of a health care professional.

Coenzyme Q10, also called ubiquinone, is present in almost all cells, where it is necessary for mitochondrial energy production.* The body's highest concentrations of Coenzyme Q10 (CoQ10) are found in the heart, where constant chemical energy availability is imperative. In addition to its benefits for cardiac function through energy production, CoQ10 also functions as a powerful fat soluble antioxidant, providing protection against free radical attack on cell membranes and DNA for other tissues.

REFRIGERATE AFTER OPENING.

PROTOCOL

FOR LIFE BALANCE™

Liquid CoQ10

100 mg per Teaspoon

- Supports Healthy Heart Muscle*
- Promotes Cellular Energy*
- With Co-enzyme B vitamins

10% of profits donated for health research

Net 4 fl. oz. (118 mL)
A Dietary Supplement



Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container 23

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	15	
Total Fat	1.8 g	2%*
Trans Fat	0 g	†
Total Carbohydrate	1.0 g	< 1%*
Vitamin E (from Mixed Tocopherols)	30 IU	100%
Vitamin B3 (from NAD)**	0.7 mg	4%
Vitamin B6 (from P-5-P Monohydrate)**	7 mg	350%
Vitamin B12 (as Cyanocobalamin)	100 mcg	1670%
Vitamin B5 (as Panthothenic)	5 mg	60%
Coenzyme Q10 (CoQ10)	100 mg	†
Shelfa Extract (Leaf)	20 mg	†
(Silybia racemosa) (min 90% Rebavulose-A)	†	
D-Biotin	10 mg	†
NAD (5-Nicotinamide Adenine Dinucleotide)	5 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: De-ionized Water, Rice Bran Oil, Vegetable Glycerin, Xylitol, Soy Lecithin, Hydroxylated Soy Lecithin, Natural Flavors, Brown Rice Protein, Organic Orange Oil (Vetivora), Rosemary Extract (*Rosmarinus officinalis*) (Leaf), Citric Acid, Potassium Sorbate, Gaur Gum and Maltodextrin.

Manufactured by N.H.Q. P.O. Box 2203, Sparks, NV 89431

**Co-Enzyme Form

Vegetarian/Vegan Product.

Peel Here
for more information

First discovered in 1957, Coenzyme Q10 (CoQ10) is a fat-soluble, vitamin-like substance found in all cell membranes of the body. It is vital because it acts in the production of cellular energy. Coenzyme Q10 does this by allowing the mitochondria to convert food substances into the digestive process.

Although Coenzyme Q10 is found naturally in the human body, especially in heart and liver cells, low levels of Coenzyme Q10 have been found in a wide variety of animal and human subjects during clinical studies. It is believed that the as we get older our ability to produce Coenzyme Q10 decreases.

Coenzyme Q10 also functions as an antioxidant.* An antioxidant process cells from chemicals known as free radicals (chemical which can damage important parts of cells). Because of its antioxidant properties, Coenzyme Q10 is widely recognized for its potential impact on heart health.*

PROTOCOL For Life Balance's CoQ10 is only available in the natural, well-researched "true" form. No "art" synthetic CoQ10 form is included.

Cautious and Interactions

CoQ10 may reduce the anticoagulant effect of warfarin. In addition, CoQ10 may affect certain blood pressure medications, including diltiazem, metoprolol, enalapril, and nitrate. Statin medications have been shown to decrease CoQ10 levels in the body and CoQ10 supplementation may be beneficial when taking these drugs.*

Guaranteed Quality

This is an FDA regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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