

SUGGESTED USAGE: As a dietary supplement, take 1 tablespoon (15 mL) twice daily.

Protocol For Life Balance™ Liquid Glucosamine & Chondroitin with MSM combines three of the most effective nutrients available today for supporting good joint health in an easily absorbed liquid form.* Glucosamine and Chondroitin are naturally occurring structural components that are used by the body to support healthy joint function.* MSM, Manganese and Vitamin C complement Glucosamine and Chondroitin and work synergistically with them to provide optimal nutritional support.*

SHAKE WELL BEFORE USE.

REFRIGERATE AFTER OPENING TO PRESERVE FLAVOR.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTOCOL
FOR LIFE BALANCE™

Liquid Glucosamine & Chondroitin with MSM

Fast Acting Joint Support*

Citrus Flavor

10% of profits donated for health research

Net 16 fl. oz. (473 mL)

A Dietary Supplement



Supplement Facts

Serving Size 1 Tablespoon (15 mL)

Servings Per Container 31

	Amount Serving	% Daily Value
Calories	15	
Vitamin C (as Ascorbic Acid)	125 mg	210%
Manganese (from Manganese AAC*)	4 mg	200%
Sodium	60 mg	2%
Potassium	5 mg	< 1%
Glucosamine HCl	750 mg	†
Chondroitin Sodium Sulfate (from Bovine Cartilage)	600 mg	†
MSM (Methylsulphonylmethane)	150 mg	†

† Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin, Fructose, Malic Acid, Xanthan Gum, Citric Acid, Potassium Sorbate, Sodium Benzoate, Natural Beta-Carotene and Natural Flavors.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocolforlife.com

Contains shellfish (crab, shrimp, lobster, crayfish) derivative. Contains no starch, yeast, wheat, gluten, soy, milk, egg, or artificial colors or flavors.

Warning: Persons with a known allergy to shellfish should not use this product.

AAC* = Amino Acid Chelate

Please Recycle.

Peel Here
for more information

Protocol For Life Balance™ Liquid Glucosamine & Chondroitin with MSM combines the most effective nutrients known for their action in supporting healthy joint and connective tissue.* It is easily taken in our unique, liquid form, which helps to promote its bioavailability.

Glucosamine is an amino monosaccharide produced by chondrocyte cells (the cells found in cartilage that are responsible for the synthesis, maintenance, and regeneration of cartilage) and used to make glycosaminoglycans (GAGs) and proteoglycans, the structural molecules that make up the connective tissues of the skin, tendons, ligaments, and joints.* By providing the "building blocks" necessary for joint and structural tissue formation, glucosamine supplementation helps to support the maintenance of healthy joint tissues.*

Chondroitin sulfate is another very important naturally occurring constituent of cartilage tissue. Chondroitin sulfate has been shown to encourage healthy cartilage production.*

MSM (methylsulphonylmethane) is an organic form of the mineral sulfur, found naturally in plants. Sulfur, provided by MSM, promotes healthy skin, joints, bone, hair and nails.*

Protocol For Life Balance™ Liquid Glucosamine & Chondroitin with MSM also contains Manganese and Vitamin C to provide increased nutritional support.*

Cautions and Interactions

The only side effects reported with chondroitin sulfate usage appear to be mild gastrointestinal incidents. Similar adverse reactions have been reported with glucosamine and methylsulfonylmethane, yet both of these compounds also are often suggested as supporting GI-tract health and function.* It was feared that glucosamine might adversely affect insulin sensitivity, but clinical trials have disproven this. The use of MSM can lead to the occurrence of an abnormal resonance in the in vivo brain proton MR spectrum as well as in the in vitro cerebrospinal fluid MR spectrum, hence should be revealed prior to undergoing these or related diagnostic tests. Vitamin C is well tolerated at the suggested level of intake. Manganese is generally well tolerated. However, supplementation can lead to neuro-toxicity in those with liver failure.

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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