

Peel Here
for more information

Contains no sugar, salt, starch, wheat, gluten, corn, soy, milk, egg or preservatives. Contains shellfish derivative.

Made in the U.S.A. www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Other ingredients: Gelatin (capsule) and Magnesium Stearate.

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Supplement Facts

Serving Size 3 Capsules Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	< 1%*
Sodium	110 mg	5%
Potassium (from Potassium Chloride)	245 mg	7%
Glucosamine Sulfate		
from 100% Glucosamine Potassium Sulfate Complex	1.1 g (1,100 mg)	†
from 100% Sulfur Dioxide	1.2 g (1,200 mg)	†
MSM (Methylsulfonylmethane)	300 mg	†

PROTOCOL
FOR LIFE BALANCE™

Glucosamine & Chondroitin with MSM

• Supports Healthy Joint Function*

10% of profits donated for health research

180 Capsules

A Dietary Supplement



SUGGESTED USAGE: As a dietary supplement, take 3 capsules daily.

Protocol For Life Balance® Glucosamine & Chondroitin with MSM combines three of the most researched and effective nutrients for supporting joint health in one dietary supplement. Our Glucosamine and Chondroitin are both 100% sulfate-sourced, the most studied forms of these nutrients. In addition, we also include MSM (methylsulfonylmethane), an important component of cartilage in the human body. Studies have shown that these nutrients in the dietary components that support healthy joint structure and function.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

NHG developed the glucosamine and chondroitin test methods chosen as the official AOACI industry assay standard methods.

Warning: Persons with a known allergy to shellfish should not use this product.



CODE P3172

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Protocol For Life Balance™ Glucosamine & Chondroitin with MSM combines the most effective nutrients known for their action in supporting healthy joint and connective tissue.*

Glucosamine is an amino monosaccharide produced by chondrocyte cells (the cells found in cartilage that are responsible for the synthesis, maintenance, and regeneration of cartilage) and used to make glucosaminoglycans (GAGs) and proteoglycans.* GAGs and proteoglycans are the structural molecules that make up the connective tissues of the skin, tendons, ligaments, and joints. Glucosamine supplementation helps to provide the building blocks of these structural molecules, thereby supporting the maintenance of healthy joint tissues.*

Chondroitin sulfate is another very important naturally occurring constituent of cartilage tissue. Chondroitin sulfate has been shown to work along with glucosamine to encourage healthy cartilage production.*

MSM (methylsulfonylmethane) is an organic form of the mineral sulfur found naturally in plants. Sulfur, provided by MSM, is widely recognized in promoting healthy skin, joints, bone, hair and nails.*

Protocol For Life Balance™ Glucosamine & Chondroitin with MSM can help to support healthy joint and connective tissue.*

Cautions and Interactions

Persons with known allergies to shellfish should not take this product. The only side effects reported with chondroitin sulfate usage appear to be mild gastrointestinal incidents. Similar adverse reactions have been reported with glucosamine and MSM, yet both of these compounds also are often suggested as supporting GI tract health and function. It was thought that glucosamine might adversely affect insulin sensitivity, but clinical trials have disproven this.

The use of MSM can lead to the occurrence of an abnormal resonance in the *in vivo* brain proton MR spectrum as well as in an *in vitro* cerebrospinal fluid NMR study, hence should be revealed prior to undergoing these or related diagnostic tests.

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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