

Glucosamine sulfate, found in the soft cartilage, tendons, and synovial fluid, is essential to the healthy functioning of tendons and joints, especially with advancing age.* 21st Century's® Glucosamine Relief Maximum Strength Formula — one easy-to-swallow tablet daily.

DIRECTIONS: As a dietary supplement, take one (1) tablet daily. If necessary increase to two (2) tablets daily, one in the morning and one after dinner. Daily dosage may vary based on individual needs. Allow one week for best results.*

WARNING: IF YOU ARE DIABETIC, CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a Shellfish allergy please consult your medical practitioner before using this product.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Sugar, Yeast, Preservatives, or Artificial Flavors.



DIETARY SUPPLEMENT

MAXIMUM STRENGTH

Glucosamine Relief®

1000 mg

"Maximum Strength Formula" to Help Maintain the Natural Lubrication Found in Joints and Cartilage *

400 Coated Tablets

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 400

Amount Per Serving	% DV
Calcium (Calcium Carbonate)	99 mg 10%
Glucosamine Sulfate	1000 mg **

** Daily Value (DV) not established.

Other Ingredients: Cellulose, Hydroxypropyl Cellulose, Stearic Acid, Silicon Dioxide, Titanium Dioxide, Pharmaceutical Glaze, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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