Supplement Facts

Serving Size 1 Tablet	Amount	% Daily
Total Servings: 30	per Serving	Value
*Vitamin B-6 (as Pyridoxine HCl)	15 mg	750
Folic Acid	300 mcg	75
Vitamin B-12 (as Methylcobalamin) St. John's Wort Herb Extract Leucoselect™ (Grape Seed Extract)	100 mcg 300 mg 1.22 mg	1,667

*% Daily Value not established

Other Ingredients: Calcium Phosphate Dibasic, Microcrystalline Cellulose, Vegetable Oil, Croscarmelose Sodium, Magnesium Stearate and Silicon Dioxide.

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HYPERICUM Perforatum III*

St. John's Wort Extract
Promotes a Balanced Emotional Outlook**

Research grade • Dietary Supplement*
Standardized to contain 0.3% hypericin, minimum 5% hyperforin

*National Institutes of Health tested and approved.

*Formulated with Vitamins B6, B12, Folic Acid, and the broad spectrum grape seed antioxidant Leucoselect. Vitamin B6 is essential for the body's production of serotonin. Folic acid may help relieve anxiety and panic associated with depression and should always be taken in combination with vitamin B12 as taking only one of these B vitamins can mask a deficiency in the other. B12 has been show to support the augmentation of SAMe. Leucoselect protects and ensures hyperforin stability. No animal products are used in this product. Contains no sugar, starch, yeast, artificial colors, preservatives or dairy products. Keep out of the reach of children.

Not to be used by people taking MAO inhibitors. May cause hypersensitivity to sunlight. Not to be taken by pregnant women. Talk to your doctor if you are on prescription medication

Directions for Use: Adults-as a dietary supplement, take one tablet three times daily.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.