

21<sup>ST</sup>  
CENTURY®



DIETARY SUPPLEMENT

Glucosamine sulfate, found in the soft cartilage, tendons, and synovial fluid, is essential to the healthy functioning of tendons and joints, especially with advancing age.\* 21st Century's® Glucosamine Relief® 1000 mg Maximum Strength Formula — one easy-to-swallow tablet daily.

**DIRECTIONS:** As a dietary supplement, take one (1) tablet daily. If necessary increase to two (2) tablets daily, one in the morning and one after dinner. Daily dosage may vary based on individual needs. Allow one week for best results.\* Do not exceed recommended dosage.

**WARNING: IF YOU ARE DIABETIC, CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT.**

If you have a shellfish allergy please consult your medical practitioner before using this product.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives or Artificial Flavors.

20%  
FREE

MAXIMUM STRENGTH

Glucosamine  
Relief®

1000 mg

"Maximum Strength Formula"  
to Help Maintain the Natural Lubrication  
Found in Joints and Cartilage \*

120 ~~100~~ Coated Tablets

### Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 120

| Amount Per Serving                | % DV      |
|-----------------------------------|-----------|
| Calcium (Calcium Carbonate)       | 99 mg 10% |
| Glucosamine Sulfate •2KCl 1000 mg | **        |

\*\* Daily Value (DV) not established.

Other Ingredients: Cellulose, Hydroxypropyl Cellulose, Stearic Acid, Silicon Dioxide, Titanium Dioxide, Pharmaceutical Glaze, Magnesium Stearate. Contains glucosamine sulfate derived from shrimp and crab shells.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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