

Essential Daily Formula

- Stress Formula
- Calcium, Magnesium & C Added
- High Potency B-Complex

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease.

SUGGESTED USE: As a dietary supplement, take three (3) tablets daily. For best results, take one (1) tablet daily with breakfast, lunch, and dinner.

This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish, or crustacean shellfish.

WARNING: Do not exceed recommended serving size. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this, or any dietary supplements.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN. STORE IN A COOL, DRY PLACE.



HealthyChoiceNaturals

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SKU: STRESSB



**HEALTHY CHOICE
NATURALS™**

Highly Absorbable
Stress-B
B-Complex with C,
Calcium, and Magnesium

90 tablets

Dietary Supplement

Supplement Facts

Serving size: 3 tablets

Servings per bottle: 30

Amount per serving	% Daily Value	
Vitamin C (ascorbic acid)	500mg	833%
Vitamin B-1 (thiamine mononitrate)	75mg	5000%
Vitamin B-2 (riboflavin)	75mg	4412%
Niacinamide	50mg	250%
Vitamin B-6 (pyridoxine hydrochloride)	75mg	3750%
Folic Acid	100mcg	25%
Vitamin B-12 (cyanocobalamin)	50mcg	833%
Biotin	50mcg	17%
Pantothenic Acid (calcium panto)	50mg	500%
Calcium (dicalcium phosphate)	600mg	60%
Magnesium (oxide)	300mg	75%
Choline Bitartrate	50mg	**
Inositol (inositol monophosphate)	50mg	**
Para-Aminobenzoic acid	50mg	**
Hops (herb powder)	75mg	**
Chamoline (herb powder)	75mg	**
Valerian Root (herb powder)	75mg	**
Passion Flower (herb powder)	75mg	**

** Daily Value Not Established

Other Ingredients: Magnesium stearate, cellulose, croscarmellose sodium, silicon dioxide, and stearic acid.

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