

NEW NATURAL SLEEP BREAKTHROUGH

- All Natural Sleep Formula*
- No Drug Side Effects*
- Wake Up Renewed and Rested*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease.

SUGGESTED USE: As a dietary supplement take 1 or 2 capsules on an empty stomach 45 minutes before retiring. Take with 8 ounces of water. Continue taking 2 capsules until normal sleep patterns return. Thereafter use 1 capsule nightly as needed or as directed by your physician. Do not exceed 4 capsules within a 24 hour period. Use only when you can sleep for at least 7 hours.

WARNING: This product may produce drowsiness. Do not use this product when driving a motor vehicle or operating heavy equipment. Do not use if you are pregnant or lactating or have an autoimmune disorder. If you are taking tranquilizers or an anti-depression prescription drug consult with your physician before using.

HealthyChoiceNaturals

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**HEALTHY CHOICE
NATURALS™**

SLEEP WELL

ALL Natural Sleep Aid

**WITH GABA AND 5-HTP FOR
A RESTFUL NIGHT'S SLEEP***



60 Capsules

Dietary Supplement

WAKE UP REFRESHED AND RESTED*

Supplement Facts

Serving Size: 2 capsules Servings per Container: 30

	Amount per serving	% Daily Value
Niacin (as niacinamide)	50 mg	250
Vitamin B6 (as pyridoxine)	50 mg	2500
Calcium (as calcium carbonate)	100 mg	10
Magnesium (as magnesium oxide)	250 mg	63
Passionflower Extract (whole plant) (standardized to 2.6% flavonoids)	300 mg	**
5-HTP	200 mg	**
Valerian (root) (standardized to 8% valerenic acids)	160 mg	**
Lemon balm (leaves)	80 mg	**
Hops Extract (flower) (standardized to 5% alpha bitter acid)	50 mg	**
Chamomile extract (flower) (standardized to 1.2% apigenin)	50 mg	**
GABA	7 mg	**
Melatonin	5 mg	**

** Daily Value Not Established

OTHER INGREDIENTS: cellulose, gelatin, silicon dioxide, vegetable stearate