USAGE: Take 1 to 3 scoops before or after exercise, or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant or lactating, are under the age of 18, or are taking medications, consult your health care practitioner before using this product.

Ribose is one of the necessary building blocks for the formation of ATP, the "universal" energy molecule in the body.* Physical stress can deplete ATP stores in cardiac and skeletal muscles.* As the rate-limiting substrate in the synthesis of nucleotides, including ATP, ribose plays a vital role in replenishing ATP, thus, enhancing energy production and improving workout recovery.*

Jarrow FORMULAS® *Ribose Muscle Edge*® is made by microbial fermentation, and is protected by U.S. patents 6,159,942, 6,534,480, 6,218,366, and 6,339,716. Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS®



Muscle Edge® HO



100% Pure RIBESE

Supports Muscle Recovery Increases Energy & Endurance*,

100 Grams Powder Dietary Supplement

Supplement Facts

Serving Size 1/2 Teaspoon or 1 Scoop (approx 2 gm) Servings Per Container 45

	Amount Per Serving	% DV
Calories	9	
Total Carbohydrate	2.2 g	<1%
Sugars	2.2 g	†
D-Ribose	2200 mg	*

† Daily Value not established. * Need in human nutrition not established

Ingredient: 100% D-Ribose. Contains NO other substances. No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

> Superior Nutrition and Formulation^{sм} by Jarrow FORMULAS® Los Angeles, CA 90035-4317 www.Jorrow.com





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