

21ST CENTURY®



DIETARY SUPPLEMENT
SUPER VALUE

**60-Day
Supply**

DOUBLE STRENGTH

Glucosamine 500 mg Chondroitin 400 mg

3 Tablets Daily

**The Natural Choice To Promote Cartilage
Regeneration And Support Healthy Joints ***

180 (Easy Swallow) Tablets

Many scientific studies have shown the effectiveness of taking supplements with the proper combination of glucosamine and chondroitin. These compounds found in the soft cartilage, tendons, and synovial fluid, are essential to the healthy functioning of tendons and joints, especially with advancing age.* 21st Century's® Glucosamine & Chondroitin, combines these two nutritional elements in the proper amounts for your effective use.*

DIRECTIONS: As a dietary supplement, take up to three (3) tablets daily after any meal, or as directed by your healthcare provider. Do not exceed recommended dosage.

WARNING: IF YOU ARE DIABETIC, CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a Shellfish allergy please consult your physician before using this product.

Keep out of reach of children.
Do not use if product appears to be tampered with or seal is broken.
Store at room temperature.

Gluten Free. Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Yeast, Preservatives or Artificial Flavors.

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 60

Amount Per Serving	% DV†
Calories	10
Total Carbohydrates	2 g 1%
Dietary Fiber	<1 g 3%
Sodium	90 mg 4%
Glucosamine Sulfate • 2KCl	1500 mg **
Chondroitin Sulfate	1200 mg **

** Daily Value (DV) not established.

† Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Hydroxypropyl Cellulose, Croscarmellose Sodium, Red Beet Juice, Cellulose, Silicon Dioxide, Stearic Acid, Magnesium Stearate. Contains glucosamine sulfate derived from shrimp and crab shells.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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