

USAGE: Take 1 to 3 softgels per day with food, or as directed by your qualified health care consultant.

Q-absorb® is a completely natural proliposome lipid-soluble delivery system clinically shown in humans to increase Co-Q10 levels up to 400% (3.2x) over baseline and 3-4 times better absorbed than chewable Co-Q10 tablets.* Co-Q10 supports heart function as a component

of the electron transport system, and as an antioxidant protects mitochondrial membranes and cholesterol from oxidation.*

Jarrow FORMULAS® Q-absorb® restores Co-Q10 levels reduced or depleted by the use of statins.*

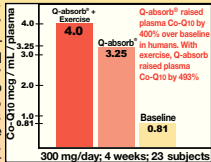
Jarrow FORMULAS® Co-Q10 is derived from fermentation and consists only of the natural trans configuration, the same as is synthesized in the human body. **Jarrow FORMULAS®** supports clinical research on Coenzyme Q10.

Keep out of the reach of children.

To report an adverse event: 866-459-4154

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



Jarrow FORMULAS®

Q-absorb® Co-Q10

100 mg

**100% Natural
Enhanced Absorption
ProSome™ Formula**



Supports Heart Function*

**100 mg 60 Softgels
Dietary Supplement**

Supplement Facts

Serving Size 1 Softgel

	Amount Per Softgel	% DV
Coenzyme Q10 (Ubiquinone)	100 mg	*

* Daily Value not established.

Other Ingredients: Soy lecithin, medium chain glycerides (MCGs) and gamma tocopherol. Softgel consists of gelatin, glycerin and water. Carob extract (added as a light barrier).

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

KANEKA **Q10™**

Kaneka Q10™ is a trademark of the Kaneka Corporation of Japan.

Particle formation inside softgel is normal and dissolves after ingestion.

Superior Nutrition and FormulationSM by
Jarrow FORMULAS®
Los Angeles, CA 90035-4317
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