Directions: As a dietary supplement, take up to three (3) capsules daily after any meal, or as directed by a health care provider.

WARNING: IF YOU ARE DIABETIC. CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a shellfish allergy please consult your medical practitioner before using this product. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. Unconditionally guaranteed for purity, freshness and label potency. No Sugar. Preservatives or Artificial Flavors.





DIETARY SUPPLEMENT

DOUBLE STRENGTH

Glucosamine 500 mg Chondroitin 400 mg

3 Capsules Daily The Natural Choice To Promote Cartilage Regeneration And Support Healthy Joints *

60 (Easy Swallow) Capsules

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 20

Amount Per Serving % DV Sodium 90 mg 4% Glucosamine Sulfate •2KCI 1500 mg Chondroitin Sulfate 1200 ma

** Daily Value (DV) not established.

Other Ingredients: Gelatin, Magnesium Silicate, Magnesium Stearate, Stearic Acid.. Contains glucosamine sulfate derived from shrimp and crab shells. * This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century HealthCare, Inc. 2119 S. Wilson Street, Tempe, AZ 85282 USA www.21stcenturyvitamins.com



21ST Century® . . . for a healthier future.

Glucosamine & Chondroitin

Many recent scientific studies have shown the effectiveness of taking supplements with the proper combination of glucosamine sulfate and chondroitin sulfate. These compounds found in the soft cartilage, tendons, and synovial fluid, are essential to the healthy functioning of tendons and joints, especially with advancing age.* 21st Century's® Glucosamine & Chondroitin, combines these two nutritional elements in the proper amounts for your effective use.*

