

**USAGE:** Take 1 to 4 capsules per day, or as directed by your qualified health care consultant.

**Note:** If you have a medical condition or are pregnant or lactating, are under the age of 18, or are taking medications, consult your health care practitioner before using this product.

**N-ACETYL-L-CYSTEINE (NAC)** is a powerful antioxidant amino acid and a precursor in the body to the critical antioxidant glutathione.\* Glutathione exerts a variety of protective effects, including detoxification and intracellular defense against oxidative stress.\* Substances known to reduce glutathione status are acetaminophen and alcohol.\*

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



0509NAC  
PROD # 107002

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**N-A-C**

**N-Acetyl-L-Cysteine**

**Precursor  
to Glutathione\***

**500 mg                      100 Capsules**  
**Dietary Supplement**

## Supplement Facts

Serving Size 1 Capsule

|                     | Amount Per Capsule | % DV |
|---------------------|--------------------|------|
| N-Acetyl-L-Cysteine | 500 mg             | *    |

\* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Store in a cool dry place, or at room temperature, and away from light.

Superior Nutrition and Formulation<sup>SM</sup> by  
**Jarrow FORMULAS®**  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

Lot #. Best Used Before:

To obtain product information or to report a serious adverse event, contact:  
**Jarrow FORMULAS®, Inc.** P.O. Box 35994, Los Angeles, CA 90035