

Essential Daily Formula

- Full Strength 1000mg
- Supports Heart Health
- Rich in Omega-3

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease.

WARNING: Do not exceed recommended serving size. Pregnant or nursing mothers, children under 18, and individual with a known medical condition should consult a physician before using this, or any dietary supplements. Keep out of reach of children. Do not use if safety seal is broken.

HealthyChoiceNaturals

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MADE IN USA

**HEALTHY CHOICE
NATURALS™**

OMEGA 3-6-9 FLAXSEED OIL 1000mg

Supplement Facts

Serving size: 1 gelcap

Servings per bottle: 100

Amount per serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1g	2%*
Polyunsaturated Fat	0.5g	**
Flaxseed Oil	1,000mg	**
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	500mg	**
Linolenic Acid (Omega-6)	123mg	**
Oleic Acid (Omega-9)	140mg	**
Other Fatty Acids & Phytonutrients	72mg	**

* Percentage values are based on 2,000 calorie diet

** Daily Value Not Established

OTHER INGREDIENTS: Gelatin, glycerin, purified water and caramel color.

CERTIFICATE OF QUALITY: This product is produced from natural sources and contains no: yeast, sugar, starch, artificial flavor, or preservatives.

SUGGESTED USE: Adults, take one (1) gelcap with each meal as a dietary supplement.

NO ANIMAL TESTING

v1.4

100 Gelcaps

Dietary Supplement