

Fish Oil 1000 mg

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.* One serving of 21ST Century's® Fish Oil provides 300 mg of EPA and DHA omega-3 fatty acids. (See supplement facts for total fat and saturated fat content.) These omega-3 fatty acids help maintain cholesterol levels which are within normal range.*

Directions: Take up to three (3) softgels daily preferably with a meal for maximum daily results, or as directed by a health care provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.

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DIETARY SUPPLEMENT

SUPER VALUE

OMEGA-3

Fish Oil
1000 mg

CHOLESTEROL FREE

**Omega-3 Fatty Acids May Reduce
The Risk Of Coronary Heart Disease***

300 Softgels

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	% DV†
Calories	10
Calories from Fat	10
Total Fat	1 g 2%
Saturated Fat	0 g
Polyunsaturated Fat	1 g

EPA (Eicosapentaenoic Acid)	180 mg **
DHA (Docosahexaenoic Acid)	120 mg **

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Ingredients: Fish Body Oil, Gelatin, Glycerin, Purified Water, Refined Soybean Oil. **This product contains soy and fish (herring, anchovy, mackerel, sardine, sprat, and salmon) ingredients.**

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

