

**Directions:** Take up to three (3) softgels daily with any meal for maximum daily results, or as directed by a health care provider.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Sugar, Salt, Yeast, Artificial Flavors or Colors.

**21<sup>ST</sup> Century HealthCare, Inc.**  
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**21<sup>ST</sup>  
CENTURY®**



**DIETARY SUPPLEMENT**

**OMEGA-3**

**Fish Oil**  
**1000 mg**

**CHOLESTEROL FREE**

**Omega-3 Fatty Acids May Reduce  
The Risk Of Coronary Heart Disease\***

**60 Softgels**

**Supplement Facts**

Serving Size: 1 Softgel

| Amount Per Serving          | % DV       |
|-----------------------------|------------|
| Calories                    | 10         |
| Calories from Fat           | 10         |
| Total Fat                   | 1 g 2%     |
| Saturated Fat               | 0 g        |
| Polyunsaturated Fat         | 1 g        |
| Fish Oil Concentrate        | 1000 mg ** |
| EPA (Eicosapentaenoic Acid) | 180 mg **  |
| DHA (Docosahexaenoic Acid)  | 120 mg **  |

\*\* Daily Value (DV) not established.

Other Ingredients: Gelatin, Glycerin, Purified Water, Refined Soybean Oil. This product contains soy and fish (herring, anchovy, mackerel, sardine, sprat, and salmon) ingredients.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



*21<sup>ST</sup> Century® ... for a healthier future.*

**Fish Oil – 1000 mg**

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.\* One serving of 21<sup>ST</sup> Century's® Fish Oil provides 300 mg of EPA and DHA omega-3 fatty acids. (See supplement facts for total fat and saturated fat content). These omega-3 fatty acids help maintain cholesterol levels which are within normal range. 21<sup>ST</sup> Century's® Fish Oil contains the highest quality molecularly distilled fish oil concentrate.\*

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