Directions: Take two (2) caplets daily before mealtime.

Keep out of reach of children. Do not take if pregnant, lactating or on birth control pills. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Warning: This product contains a sovbean based ingredient and should not be taken by those with soy or sovbean allergies.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives or Artificial Flavors





DIETARY SUPPLEMENT

EXTRA STRENGTH

Estro Support ES

Compare To Active Ingredients In Extra Strength Estroven®†

60 Caplets

Vitamins, Minerals and Herbs to support the needs of menopausal women.*

†Extra Strength Estroven is a registered trademark of Amerifit Nutrition. Inc. Bloomfield, CT 06002

'This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

21ST Century HealthCare, Inc. 2119 S. Wilson Street, Tempe, AZ 85282 USA www.21stcenturvvitamins.com



Estro Support ES

Supplement Facts

Servings Per Container: 30		
Amount Per Serving		% DV
Vitamin E (as d-alpha Tocopheryl Succinate)	30 I.U.	100%
Thiamin (Thiamin Mononitrate, B1)	5 mg	333%
Riboflavin (Vitamin B2)	5 mg	294%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine HCI)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	25 mcg	417%
Calcium (as Calcium Carbonate)	200 mg	20%
Selenium (as I-selenomethionine)	70 mcg	100%
Chromium (as Chromium Dinicotinate Glycinate)	120 mcg	100%
Cranberry Juice (from 12:1 Extract)	300 mg	••
Estro Support Herbal Blend	200 mg	**

Green Tea Extract, Dateseed Extract (Zizphus spinosa), Cinnamon Twig Extract, Galangal Root Extract, Magnolia Bark Extract (Magnolia glauca) Purified Isoflavones (from non-GMO

standardized soybean extract) Black Cohosh Extract (Cimicifuga racimosa) Boron (as Boron Amino Acid Chelate)

" Daily Value (DV) not established.