

USAGE: Take 2 to 4 capsules per day on an empty stomach or as directed by your qualified health care consultant.

GPLC is a propionyl ester of carnitine (PLC) that includes an additional glycine component. Compared with other forms of carnitine, PLC exhibits a special affinity for muscle tissues, including those of the heart and skeletal muscles.* GPLC is a powerful scavenger against superoxide radicals and it protects against lipid peroxidation.* It assists energy production by facilitating the transport of fatty acids into the mitochondria and, likewise, the removal of waste substances.* GPLC contributes to muscle function by compensating for reduced oxygen availability during exercise and it provides powerful support for peripheral arterial blood flow.* Under reduced oxygen conditions, **GPLC** also promotes proper carbohydrate metabolism and reduces the buildup of lactic acid.* AminoCarnitine™ L-Carnitine is manufactured by Sigma-Tau Industries, S.p.A. (Rome, Italy), the pioneer in L-Carnitine science.

Keep out of the reach of children.

AminoCarnitine™ is a trademark of Sigma-Tau Industries, S.p.A.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Glycine Propionyl-L-Carnitine HCl is protected by US Patent #6,703,042 B1.

Lot #: Best Used Before:

Jarrow FORMULAS®

Glycine Propionyl-L-Carnitine HCl

GPLC



Supports Arterial Blood Flow*

GlycoCarn™

500

MILLIGRAMS

60

VEGETARIAN CAPSULES

Dietary Supplement

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

Amount Per Serving % DV

Glycine **Propionyl-L-Carnitine HCl** 758 mg *

Propionyl-L-Carnitine [PLC] 500 mg

Glycine 174 mg

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

Store in cool dry place. DO NOT refrigerate.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Superior Nutrition and Formulation™ by

Jarrow FORMULAS®

Los Angeles, CA 90035-4317

www.Jarrow.com

AminoCarnitine™
by **sigma-tau HealthScience LLC**
The Metabolic Approach



0609GPLC

PROD # 102012



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To obtain product information or to report a serious adverse event, contact: **Jarrow FORMULAS®, Inc.** P.O. Box 35994, Los Angeles, CA 90035.