

Suggested Usage: As a dietary supplement, take 1-2 softgels daily with or between meals.

Vitamin D-1000 softgels supply recommended levels of this key vitamin in a highly-absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation may help your body receive an adequate supply.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Daily Essentials

Vitamin D₃

1,000 IU • Cholecalciferol • High Potency

Dietary Supplement

180 Softgels



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 1 softgel Servings Per Container 180

Amount Per Serving	% Daily Value
Vitamin D ₃ (as cholecalciferol) 1,000 IU	250%

Other Ingredients: Olive Oil, Gelatin, Glycerin and Water.

Contains no yeast, sugar, salt, starch, soy, wheat, gluten, corn or milk.

Caution: Please discard the inedible freshness packet enclosed.

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