

Suggested Usage: As a dietary supplement, take 1 capsule 1 to 4 times a day with juice or water, preferably between meals.

Taurine is a free-form amino acid that participates in a variety of metabolic processes. Taurine is a neurotransmitter, a neuromodulator and is involved in glucose uptake.* It is found in meats, fish, milk and eggs, but not in vegetable proteins, so supplementation is especially important for vegetarians.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Daily Essentials

L-Taurine

500 mg

Dietary Supplement

100 Capsules



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

Amount Per Serving	%Daily Value
L-Taurine 500mg	+

+Daily Value not established

Other Ingredients: Rice flour.

L-Taurine is a pharmaceutical grade amino acid. Contains no sugar, starch, salt, yeast, corn, soy, wheat or milk.

This bottle may contain an insert packet to ensure the freshness of its contents. These packets are not edible and should be discarded.

Physician's Preference®

20214 Braidwood Dr., Ste. 160, Katy, TX 77450

www.physicianspreference.com