

Suggested Usage: As a dietary supplement, take 1 tablet, 2 to 4 times daily, preferably on an empty stomach. Refrigeration recommended after opening.

SAMe is a supplement formed in the body by an enzymatic reaction between adenosine-triphosphate (ATP) and methionine. It was discovered in 1952 in Italy and has been researched and manufactured there. SAMe works closely with folic acid and vitamin B-12 and functions as a methyl donor. This nutrient carries and donates methyl molecules necessary to facilitate the manufacture of DNA and brain neurotransmitters.* Tissue levels of SAMe are typically low in the elderly.

WARNING: Individuals with bipolar (manic) depression should not take SAMe unless under professional medical supervision.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Daily Essentials

Ultra SAMe

s-adenosyl-methionine • Enteric Coated
200 mg Complex Providing 100 mg SAMe Active Ions

Dietary Supplement

60 Tablets



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 60

Amount Per Serving	%Daily Value
SAMe 200mg (100mg SAMe active ions) + (as S-Adenosyl L-Methionine Disulphate Tosylate)	

+Daily Value not established

Other Ingredients: Di-Calcium Phosphate, Cellulose, Stearic Acid, Magnesium Stearate, Silicon Dioxide, Croscarmellose Sodium, Polymethacrylate, Titanium Dioxide, Food Glaze, Riboflavin.

Contains no sugar, salt, yeast, corn, soy, wheat, milk, preservatives or additives.

This bottle may contain an insert packet to ensure the freshness of its contents. These packets are not edible and should be discarded.

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