

Suggested Usage: As a dietary supplement, take 2 Vcaps® daily as needed, preferably with meals or take as directed by your physician.

While Niacin (Vitamin B-3) is necessary for good health, many Niacin supplements cause a temporary flush or tingling red rash on the skin when taken in large doses. Inositol Hexanicotinate is a stable, non-flushing source of Niacin. This superior source of Niacin works to reduce the problem of "niacin-flush".*

Caution: Not to be used by pregnant/lactating women or those with liver problems, stomach ulcers or diabetes unless recommended by your healthcare practitioner.

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg, or preservatives.

Vegetarian Formula

Daily Essentials

Niacin SEF

Side Effect Free • 250 mg

Dietary Supplement

90 Vcaps®



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 2 Vcaps® Servings Per Container 45

Amount Per Serving	%Daily Value
Niacin (Vitamin B-3) 500 mg (from 640 mg of Inositol Hexanicotinate)	2500%
Inositol (from 640 mg of Inositol Hexanicotinate) 135 mg	+
+Daily Value not established	

Other Ingredients: Rice Flour, Cellulose (capsule), Cellulose, Stearic Acid (vegetable source), Guar Gum, Silica and Magnesium Stearate (vegetable source).

Vcaps® is a registered trademark of Capsugel.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Physician's Preference®

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