

Suggested Usage: As an herbal dietary supplement, take two Vcaps®, 1 to 3 times daily.

Studies abroad and in the U.S. have indicated that constituents in Silymarin (*Silybum marianum*), also known as Milk Thistle, may help to support healthy liver function.*

CAUTION: Due to Turmeric content, not to be used by pregnant or lactating women or by persons with gall bladder problems, stomach ulcers or other stomach disorders unless recommended by a health care practitioner.

Natural color variations may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Daily Essentials

Milk Thistle Extract

Vegetarian Formula

150 mg

Herbal Dietary Supplement

120 Vcaps®



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 2 Vcaps® Servings Per Container 60

Amount Per Serving	%Daily Value
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Calories 5	
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Total Carbohydrate 1 g	<1%*
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Sodium 8 mg	<1%
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Milk Thistle Extract (<i>Silybum marianum</i>) 300 mg	+
(Standardized to 80% Silymarin Flavonoids)(Fruit and Seeds)	

Turmeric (<i>Curcuma longa</i>) (Rhizome) 700 mg	+
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*Percent Daily Values are based on a 2,000 calorie diet.
+Daily Value not established

Other ingredients: Cellulose (capsule), Rice Flour and Magnesium Stearate (vegetable source).

Turmeric has been added to complement the effects of Milk Thistle Extract.

Vegetarian Formula.

Vcaps® is a registered trademark of Capsugel.

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