

Suggested Usage: As a dietary supplement, take one capsule 1 to 3 times daily.

Inositol is a nutrient that is considered a member of the B-vitamin family. It is found in cell membrane structures and is important for metabolism of fat and cholesterol, including removal of fat from the liver.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Daily Essentials

Inositol

500 mg

Dietary Supplement

100 Capsules



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

Amount Per Serving	% Daily Value
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Inositol 500 mg	*
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*Daily Value not established

Other Ingredients: White Rice Flour, Gelatin (capsule) and Magnesium Stearate.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk or preservatives.

Physician's Preference®

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