

Directions: Take one (1) softgel daily with any meal for maximum daily results, or as directed by a medical practitioner. Do not exceed recommended dosage

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No added Sugar, Salt, Yeast, Artificial Flavors or Colors.



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**21ST
CENTURY®**



DIETARY SUPPLEMENT

Norwegian Cod Liver Oil

**Rich In Natural Vitamins A & D – Helps Maintain
Body Tissues And Aids In Calcium Absorption**

1101 ~~0~~ Softgels

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 110

Amount Per Serving	% DV†
Vitamin A (from Cod Liver Oil) 1250 I.U.	25%
Vitamin D (from Cod Liver Oil) 135 I.U.	34%

†Percent Daily Value (DV) based on a 2,000 calorie diet.

Ingredients: Soybean Oil, Gelatin, Glycerin, Deionized Water. **This product contains a soy ingredient**

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**21ST
CENTURY®**

21ST Century® ... for a healthier future.

Norwegian Cod Liver Oil

21st Century's® Norwegian Cod Liver Oil is a rich, natural source of Vitamins A and D. For absorption, Vitamin A must be taken with Vitamin D, which is also needed for the proper formation of teeth and bones.*

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