

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by a health care provider. Do not take more than one tablet daily.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.



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**21ST
CENTURY®**



DIETARY SUPPLEMENT

Chromium Picolinate

200 mcg

**An Essential Mineral
for Weight Control ***

100 Tablets

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

Amount Per Serving	% DV
Calcium (from Calcium Carbonate) 190 mg	19%
Chromium (from Chromium Picolinate) 200mcg	167%
Percent Daily Value (DV).	

Other Ingredients: Cellulose, Croscarmellose Sodium, Silicon Dioxide, Stearic Acid, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Diabetics: Use only under a physician's supervision.

21ST Century HealthCare, Inc.
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21ST Century® ... for a healthier future.

Chromium Picolinate
200 mcg

Chromium Picolinate and its use in weight reduction plans has been the subject of over 60 technical reports. These studies suggest a correlation between chromium consumption and a significant reduction in body fat and increased muscle mass.* For people serious about body composition.

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