Suggested Usage: As a dietary supplement, take 2 Vcaps® 1 to 3 times daily, preferably with food.

GlycoCarn® (Glycine Propionyl-L-Carnitine) GPLC is a patented, highly bioavailable form of Carnitine. Carnitine is an amino acid that plays a crucial role in muscle function by regulating energy flow across cell membranes during exercise.*

GlycoCarn® is a registered trademark of Sigma-Tau HealthScience and is manufactured under USA production patent 6,703,042 and other

foreign patents. The combination of GlycoCarn® GPLC and CoQ10 is patented by Sigma-Tau Industries under USA patent 6,814,972.

Vcaps^o is a registered trademark of Capsugel.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Daily Essentials

GPLC Carnitine

with CoQ10 • 60 mg • Vegetarian Formula

Dietary Supplement

60 Veaps®



Supplement Facts

Serving Size 2 Vcaps* Servings Per Container 30 Amount Per Serving %Daily Value GlycoCarn® GPI C 1516 mg (Glycine Propionyl-L-Carnitine HCI) Propionyl-L-Carnitine (PLC) 1000 mg Glycine 348 mg Coenzyme Q10 (CoQ10) 60 ma * Daily Value not established

Other Ingredients: Cellulose (capsule), Rice Bran, Magnesium Stearate (vegetable source) and Silica.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives. Vegetarian/Vegan Product, Store in a cool, dry place.

Physician's Preference®

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