

Suggested Usage: As a dietary supplement, take 1 tablet daily with a meal.

Folic Acid, also known as Folate, is a member of the B vitamin family and is considered an essential nutrient. It is important for the regulation of homocysteine levels in the body. Homocysteine is an amino acid that is a by-product of methionine conversion and is harmful at high levels.* B-12 is included as a synergist.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Daily Essentials

Folic Acid

with Vitamin B-12 • 800 mcg

Dietary Supplement

250 Tablets



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 250

Amount Per Serving	%Daily Value
Folic Acid 800 mcg	200%
Vitamin B-12 25 mcg (as Cyanocobalamin)	417%

Other Ingredients: Cellulose, Stearic Acid and Magnesium Stearate.

Folic Acid is a member of the B complex vitamins. This tablet is guaranteed full potency.

Contains no yeast, wheat, soy, gluten, or milk.

Physician's Preference®

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