Directions: Take up to (2) tablets daily with any meal for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Store at room temperature. Do not use if product appears to be tampered with or seal is broken.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.





DIETARY SUPPLEMENT

CALCIUM CITRATE

Calcium + Soy

Calcium Citrate plus Soy Isoflavones For Healthy Bones & Heart *

90 Tablets

Supplement Facts Serving Size: 2 Tablets Servings Per Container: 45

Amount Per Serving % DV
Calcium (as Calcium Citrate) 500 mg 50%

50 mg

Soy Isoflavones Extract

"Daily Value (DV) not established

Other Ingredients: Cellulose, Stearic Acid, Magnesium Stearate, Magnesium Silicate, Croscarmellose Sodium

 This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA www.21stcenturvvitamins.com



21ST Century® . . . for a healthier future.

Calcium + Soy

Calcium Citrate is a highly absorbable source of calcium and helps build bone mass in young adults and helps prevent bone loss in later years.* Soy has been the topic of many new studies regarding heart & bone health in addition to supporting the needs of menopausal women.



40985 22552

3