

21ST
CENTURY®



DIETARY SUPPLEMENT

Calcium 600

Compare To Active Ingredients
In Caltrate® 600†

~~75~~ 60 Caplets

Directions: Take up to (2) caplets daily with any meal for maximum daily results, or as directed by a medical practitioner. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Salt, Yeast, Preservatives or Artificial Flavors.

†Caltrate® 600 is a registered trademark of Whitehall Robbins Healthcare, Madison, NJ 07490



Supplement Facts

Serving Size: 2 Caplets
Servings Per Container: 37.5

Amount Per Serving	% DV
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Calcium (as Calcium Carbonate) 1200 mg	120%
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Percent Daily Value (DV).

Other Ingredients: Croscarmellose Sodium, Cellulose, Titanium Dioxide, Stearic Acid, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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21ST
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21ST Century® ... for a healthier future.

Calcium 600

Regular exercise and a healthy diet with enough calcium helps those at high risk, including teen and young adult Caucasian and Asian women, maintain good bone health and reduce their high risk of developing osteoporosis later in life. Adequate calcium is important, but daily intakes of above about 2000mg are not likely to provide any additional benefit.*

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