

Suggested Usage: As a dietary supplement, take 2 tablets 1-2 times daily, preferably with food.

Calcium Citrate is a readily digested and absorbed form of Calcium. The minerals and Vitamin D are added because of their essential role in bone metabolism.*

Do Not Eat Freshness Packet. Keep In Bottle.
Store in cool dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Daily Essentials

Calcium Citrate

Plus Magnesium, Zinc, Copper and Manganese

Dietary Supplement

250 Tablets



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 2 Tablets Servings Per Container 125

Amount Per Serving	%Daily Value
Vitamin D 400 IU (from Ergocalciferol-a vegetarian source)	100%
Calcium (from Calcium Citrate) 600 mg	60%
Magnesium 300 mg (from Magnesium Oxide & Magnesium Aspartate)	75%
Zinc (as Amino Acid Chelate) 15 mg	100%
Copper (as Amino Acid Chelate) 1 mg	50%
Manganese (as Amino Acid Chelate) 5 mg	250%

Other Ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica, Vegetable Coating.

Contains soy derivative. Contains no sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product

Manufactured for:
Physician's Preference®

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