

Suggested Usage: As a dietary supplement, take 4 Vcaps® 1 to 2 times daily, preferably with food.

Calcium Citrate Vcaps® is an optimal vegetarian formula designed to support bone structure. Calcium Citrate is a readily digested and absorbed form of Calcium. The trace minerals (as amino acid chelates) and Vitamin D (as Ergocalciferol – a vegetarian source) are added because of their essential role in bone metabolism.*

Do not eat freshness packet.
Keep in bottle.
Store in cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Daily Essentials

Calcium Citrate Caps

with Magnesium, Zinc, Copper, Manganese & Vitamin D
Vegetarian Formula

Dietary Supplement

240 Vcaps®



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 4 Vcaps® Servings per container 60

Amount Per Serving	%Daily Value
Vitamin D 1,000 IU (as Ergocalciferol - a vegetarian source)	250%
Calcium 600 mg (from Calcium Citrate)	60%
Magnesium 300 mg (from Magnesium Oxide)	75%
Zinc 15 mg (from Zinc Amino Acid Chelate)	100%
Copper 1 mg (from Copper Amino Acid Chelate)	50%
Manganese 5 mg (from Manganese Amino Acid Chelate)	250%

Other ingredients: Cellulose (capsule), Cellulose, Ascorbyl Palmitate and Silica.

Contains soy derivative. Contains no sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

Vcaps® is a registered trademark of Capsugel.
Vegetarian/Vegan Product.

Manufactured for:

Physician's Preference®

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